Logan County Annual Report 2019

Putting Knowledge to Work!
The West Virginia University Extension Service works to provide solutions in your community through key programs and resources, including agriculture and natural resources; 4-H and youth development; food and nutrition; health and wellness; financial planning; and home gardening. These research-based programs and services are available to all Logan residents thanks to the tremendous support of our community members, local organizations, volunteers and local partners, including the Board of Education and County Commission.

Highlights
Logan County WVU Extension Service has worked diligently to provide residents with opportunities that improve quality of life and create a culture of social, emotional and mental health.

In 2019, Logan County WVU Extension Service programming provided:

- Educational and skill-building opportunities for 1,076 people.
- More than $34,000 in educational awards for college students.
- Approximately $51,800 in stipends to be spent in West Virginia's economy.
- The Extension Certified Research Advisor Initiative, a collaboration between Health Sciences and Technology Academy and WVU Extension Service, to provide local community resources to assist youths in successful completion of a community research project that improves the quality of life for Logan County residents.

4-H/Youth Development

Camping
- 35 Logan County youths attended a weeklong 4-H summer camp where they engaged in activities that increased inclusivity and helped to develop leadership skills.

4-H School-Based Programs
- Hosted four Energy Express sites serving 200 children and their families living in Logan County.
- 8,072 meals served to youths participating in the program, as well as other youths in the community.
- 3,524 volunteer hours provided by 193 community volunteers.

Families and Health
Logan County residents participated in programs that increased knowledge and skills to improve health. Programs included Love Your Heart, RELAX Alternatives to Anger, Dining with Diabetes, Stressless with Mindfulness, Healthy Cooking and early childhood development.

Piloted the Extension Certified Research Advisor Initiative, a collaboration between Health Sciences and Technology Academy and WVU Extension Service, to provide local community resources to assist youths in successful completion of a community research project that improves the quality of life for Logan County residents.

517 youths in second through fifth grades received nutrition education through the Family Nutrition Program.