Wayne County Annual Report 2018

Putting Knowledge to Work!

The West Virginia University Extension Service works to provide solutions in your community through key programs and resources, including agriculture and natural resources; 4-H and youth development; food and nutrition; health and wellness; financial planning; and home gardening. These research-based programs and services are available to all Wayne County residents thanks to the tremendous support of our community members, local organizations, volunteers and local partners, including the Board of Education and County Commission.

Highlights

- More than 2,140 youths participated in 4-H programming.
- More than 200 youths received hands-on learning and activities to reduce the summer slide Energy Express, a free 6-week summer reading and nutrition program.
- More than 450 youths and adults benefitted from courses, activities and outreach related to agriculture and natural resources.
- Pop-up farmers markets, including kids’ markets, provided fresh produce to more than 1,000 of young people while providing sales of $4,240 to area farmers and businesses.
- A $5,000 grant was secured to address food insecurity and access.

4-H and Youth Development

The Wayne County 4-H Program reached 2,142 youths during the 2017-18 year. These young people received one or more hours of instruction via after school, in-school enrichment, livestock judging team practices or 4-H camp. Below are more specifics.

Camping

- 42 older campers (13-21 years of age)
- 22 day campers (5-8 years of age)
- 70 older campers (9-12 years of age)
- A total of $698 in scholarships were funded to low income youths provided by businesses, 4-H clubs and individual donors.
- 31 fully vetted 4-H volunteers served as camp staff over the course of three weeks of camp.
- 8 teens were selected as teen counselors at younger camp; 3 teens were selected to serve as teen counselors at day camp.

In-School Enrichment

- 1,619 youths participated in a school enrichment program provided through the Wayne County 4-H program. Programming is hands-on and educational lessons focus on STEM, healthy living and citizenship.
**Traditional 4-H Programming and Clubs**

- Wayne County 4-H has a total of five community clubs. Two are special interest clubs, including horse and livestock and shooting sports.

- 191 4-H project exhibits were shown at the Wayne County Fair. Eight animals were shown at the Wayne County Fair, and total livestock sales were $7,400.

- 21 Wayne County 4-H adult volunteers are fully vetted volunteers following training certification, completion of background checks, Title IX training and other items deemed necessary by the State 4-H Office.

**Energy Express**

- Five successful sites in Wayne County were implemented in Crum, Ceredo-Kenova, Buffalo, East Lynn and Fort Gay. In total, the sites had the potential to host 200 youths. Each site averaged 25-30 youths during the course of the summer.

- 30% local match ($8,174) per site was secured to offer the program at five sites in the county. Funding was provided through the Board of Education, grants and donations. “Found object” recruitment drive was held at the Extension Office.

- 29 AmeriCorps Member applications were reviewed and we were able to hire individuals for the five sites. Five site supervisors were also hired to serve in Wayne County.

**Other 4-H News**

- Shooting Sports Program participated in State Air Rifle Competition. A Wayne County youth was one of top four to represent West Virginia at the National 4-H Shooting Sports Competition.

- The Wayne County 4-H program fielded teams at the 4-H and FFA Horse Judging Contest, the West Virginia Beef Expo and the State 4-H Forestry Contest.

**Agriculture and Natural Resources**

**In-School Enrichment**

- In-school enrichment reached a total of 335 youths from July through December 2018. Topics taught included hands-on learning related to dairy cattle, rabbits and careers in agriculture and natural resources.

**West Virginia Beef Quiz Bowl**

- Eleven youths participated in weekly practices for over a month to learn about the beef industry and related topics.

- Teams competed in the West Virginia Beef Quiz Bowl on November 30 and the two junior teams placed 9th and 17th, respectively, and the senior team placed 9th.

**Educational Workshops**

- Educational workshop were held for adults in the county on topics such as winterizing your garden and working with a garden and land after a flood.

**Soil Samples**

- Distributed soil sample analysis results to 98 people.
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**WVU Extension Garden Calendars**
- More than 1,200 garden calendars were distributed throughout the county.

**Family and Community Development**

**Family Nutrition Program**
- 41 low-income Wayne County adults from various locations graduated ESBA classes last year.
- 270 students from Crum Middle School, Spring Valley High School and Wayne Middle School graduated from our Teen Cuisine classes in 2018.
- 300 students and adults participated in Rethink Your Drink throughout Wayne County at various venues. Indirectly numbers were not captured as it is estimated that total reach in Wayne County is much higher, and the 300 reflects surveys completed by participants.
- 12 Pop-up Farmers Markets were conducted in Wayne County
  - 1,060 kids each took home $4.00 worth of fresh produce grown by West Virginia Farmers.
  - Farmers were paid a total of $4,240 for the fresh produce that was purchased by the kids at our Wayne County Pop-up Kids Markets in 2018.
- Wayne County Family Nutrition Program, along with our Wayne County Nourishing Network Team, secured a $5,000 grant from the WVU Food Justice Lab in 2018. The goal of the Wayne County Nourishing Network team is to establish a food network addressing food insecurity for low-income families in the county.
  - The first event was held at Spring Valley High School and was called: AG-tivities Day.
    - Spring Valley High School’s FFA Club hosted the event.
    - 90 attendees were given the opportunity to learn about local farming and the potential Ag related businesses benefit our local food and economy.
    - Many local farmers and vendors were present with locally grown goods to sell to the community. It was a very successful event and will become an annual school fundraising event for the FFA Program.

**Community Educational Outreach Service (CEOS)**
- Three Wayne County CEOS clubs conducted a variety of community service projects and educational trainings over the past year, including:
  - Educational trainings on topics such as:
    - Houseplants
    - Succulents
    - Suet cakes
    - Ornamental wreaths
  - Community Service Projects, including:
    - Made catheter bags for VA Hospital
    - Taught the women residents of Marie’s House the art of crocheting
    - Made lap quilts and adult clothing protectors for local nursing home residents
    - Collected “found” items for Energy Express
    - Volunteered for Reality Store program
    - Created a Thanksgiving food basket for a local family in need
    - Made baby blankets for Community Baby Shower
    - Donated mums to beautify the outside of the Extension Office
    - Organized two breast cancer awareness events