

Wyoming County Annual Report 2020

Putting Knowledge to Work!

The West Virginia University Extension Service works to provide solutions in your community through key programs and resources, including agriculture and natural resources; 4-H and youth development; food and nutrition; health and wellness; financial planning; and home gardening. These research-based programs and services are available to all Wyoming County residents thanks to the tremendous support of our community members, local organizations, volunteers and local partners, including the Board of Education and County Commission.

Highlights

- Expanded focus and outreach efforts of youth programming to include special interests, such as cooking, outdoor education and community involvement.
- Created county-wide 4-H club and special interest clubs.
- Provided health and nutrition education to nearly 1,400 youths and adults.
- Two new 4-H & Youth Development agents joined the Wyoming County team on June 8, 2020.

4-H/Youth Development

Camping

- 62 young people, two volunteers and eight WVU Extension Service staff participated in Wyoming County Camp-in-a-Bag. Camp was different than in previous years due to the COVID-19 pandemic.
- 58 youths were first-time 4-H participants.
- 19 hands-on and virtual activities were provided to campers in a 4-H drawstring backpack and distributed at four locations within Wyoming County. Additional supplies were provided to complete activities.

Traditional 4-H Programming and Clubs

- Traditional in-person programs were temporarily put on hold by WVU Extension Service to ensure the safety of the participants. All programming was transitioned to virtual in March 2020.
- A county-wide club was formed with an average of 10 youths attending virtual meetings each third Thursday of the month.
- Four youths have collaborated with one McDowell County member to form a cooking club that meets twice a month virtually. More club members have been joining monthly.

- Monthly service projects have been completed by three 4-H members, with more participating each month.

Special Interest Programs–ATV Safety

- Both 4-H agents were trained as ATV Safety Instructors in order to deliver life-saving ATV safety education to youths throughout Wyoming County.

Family and Community Development

- Reached 1,399 youths and adults through more than 50 hours of instruction to national, state and county audiences.
- Directed the Snowflake Conference, a virtual mental health conference designed for teens, by teens.
- National 4-H Volunteer Conference presentation to 165 4-H volunteers on the benefits of yoga and meditation for youths.
- Led the 2020 NAE4-HA morning energizer activity for 100 participants.
- Provided health and wellness education for 487 youth and adults.
- Facilitated Botvin Lifeskills training to be used in five Wyoming County schools.
- Authored an article for the West Virginia Farm Bureau magazine that was titled, “Managing Your Mental Health and Well-being.”
- Participated in the Extension Certified Research Assistant Program.
- Assisted the Grow This: West Virginia Garden Challenge program by purchasing, packaging and distributing seeds for over 300 people in Wyoming County.
- Provided the Energy Express program to 44 youths in Wyoming County, distributing 220 books.