



WHEELS IN MOTION SCORE SHEET

Complete **five** (5) regular and **two** (2) “Pedaling Harder” activities in the Wheels In Motion Achievement Program each year. Complete the program in two years. If you do additional activities, please **check** (✓) the **seven** (7) activities you want to be graded. Record in your Wheels In Motion notebook the what, when, where, and how you accomplished each selected “Pedaling Harder” activity. Include your notebook with your project book for grading.
(**Maximum: 42 points only.**)

	Possible Points	Score First Year	Score Second Year
Activity 1: Comparison Shopping			
___ Comparing bike features (pages 6-7)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 7)	<u>6</u>	_____	_____
Activity 2: Pressure Checkup			
___ Comparing bike tires (pages 8-9)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 9)	<u>6</u>	_____	_____
Activity 3: Patch It			
___ Fixing a flat tire (pages 10-11)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 11)	<u>6</u>	_____	_____
Activity 4: Chain Overhaul			
___ Maintaining a bike chain (pages 12-13)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 13)	<u>6</u>	_____	_____
Activity 5: Putting on the Brakes			
___ Replacing caliper brake cables (pages 14-15)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 15)	<u>6</u>	_____	_____
Activity 6: Know Your Terrain			
___ Avoiding surface hazards (pages 16-17)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 17)	<u>6</u>	_____	_____
Activity 7: X Marks the Spot			
___ Plotting a bike route (pages 18-19)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 19)	<u>6</u>	_____	_____
Activity 8: Traffic Manners			
___ Being a safe and courteous cyclist (pages 20-21)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 21)	<u>6</u>	_____	_____
Activity 9: Shifting Gears			
___ Using gears to ride effectively (pages 22-23)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 23)	<u>6</u>	_____	_____

Activity 10: Emergency Turns			
___ Making an emergency turn (pages 24-25)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 25)	<u>6</u>	_____	_____
Activity 11: Shifty Maneuvers			
___ Using gears efficiently (page 26-27)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 27)	<u>6</u>	_____	_____
Activity 12: Dark and Stormy Riding			
___ Riding a bike safely (pages 28-29)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 29)	<u>6</u>	_____	_____
Activity 13: Fueling the Engine			
___ Eating healthy (pages 30-31)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 31)	<u>6</u>	_____	_____
Activity 14: Career Cyclist			
___ Discovering bicycle related careers (pages 32-33)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 33)	<u>6</u>	_____	_____
Activity 15: Making a Difference			
___ Becoming a bike activist (pages 34-35)	<u>6</u>	_____	_____
___ Pedaling Harder activity (page 35)	<u>6</u>	_____	_____
My Own “Pedaling Harder” Activities			
___ _____	<u>6</u>	_____	_____
___ _____	<u>6</u>	_____	_____
___ _____	<u>6</u>	_____	_____
___ _____	<u>6</u>	_____	_____
Wheels In Motion			
Planning Guide (page 3)	<u>6</u>	_____	_____
Achievement Program (page 4)	<u>2</u>	_____	_____
Exhibit: (Maximum: 30 points only)	<u>30</u>	_____	_____
Your bicycle and a poster or display with a story describing your favorite bicycle activity completed this year in Wheels In Motion plus your “Pedaling Harder” activities notebook and project book.			
Activity Record	<u>20</u>	_____	_____
Total Score	<u>100</u>	_____	_____

Judges Comments: _____

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