

Protein (Maximum 5 points)

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Dairy (Maximum 5 points)

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Desserts (Maximum 5 points)

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Food Science Experiments. Complete one food science experiment each year. If you do additional experiments, please check (v) the experiment you want counted for this year. Have your project helper or club leader score, initial and date each completed experiment. Maximum 10 Points each year.

		Possible Points	Year 1	Year 2	Year 3	Project Helper/Leader Initials	
___ Experiment with Flour	Page 33	10	___	___	___	___	___
						Initials	Demonstration Date
___ Experiment with Kneading	Page 35	10	___	___	___	___	___
						Initials	Demonstration Date
___ Experiment with Yeast	Page 37	10	___	___	___	___	___
						Initials	Demonstration Date
___ Experiment with Butter	Page 62	10	___	___	___	___	___
						Initials	Demonstration Date
___ Experiment with Cheese	Page 104	10	___	___	___	___	___
						Initials	Demonstration Date

“How To” Demonstrations. Give 3 of the **“How To”** demonstrations to your project helper, leader or club each year. If you do additional activities, please check (v) the activities you want to be counted for this year. Have your project helper or club leader score, initial and date each completed demonstration. Maximum 15 points each year.

		Possible Points	Year 1	Year 2	Year 3	Project Helper/Leader Initials	
___ How to: _____ Page ___	5	___	___	___	___	___	___
						Initials	Demonstration Date
___ How to: _____ Page ___	5	___	___	___	___	___	___
						Initials	Demonstration Date
___ How to: _____ Page ___	5	___	___	___	___	___	___
						Initials	Demonstration Date
___ How to: _____ Page ___	5	___	___	___	___	___	___
						Initials	Demonstration Date
___ How to: _____ Page ___	5	___	___	___	___	___	___
						Initials	Demonstration Date
___ How to: _____ Page ___	5	___	___	___	___	___	___
						Initials	Demonstration Date
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						Initials	Demonstration Date
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						Initials	Demonstration Date
___ How to: _____ Page ___	5	___	___	___	___	___	___
						Initials	Demonstration Date
___ How to: _____ Page ___	5	___	___	___	___	___	___
						Initials	Demonstration Date

		Year 1	Year 2	Year 3
___ Activity Record	20	___	___	___
___ Project Exhibit Maximum: 30 points each year.	30	___	___	___

Project Exhibit Instructions:

Year 1: Six (6) basic dinner rolls and recipe card, or six (6) frozen basic dinner rolls. Display in freezer bag or freezer container. Include index card with instructions for defrosting. Label with name of product, quantity, and date frozen AND provide a poster which highlights your completed community service project for the year.

Year 2: Three (3) soft pretzels and recipe card, or three (3) frozen soft pretzels. Display in freezer bag or freezer container. Include index card with instructions for cooking or defrosting. Label with name of product, quantity, and date frozen AND provide a poster which highlights your completed community service project for the year.

Year 3: One (1) Swedish tea ring, or one (1) frozen Swedish tea ring. Display in freezer bag or freezer container. Include index card with instructions for cooking or defrosting. Label with name of product, quantity, and date frozen AND provide a poster which highlights your completed community service project for the year.

Total Score 100 ___

Judges' Comments:
