

# Jefferson County Annual Report 2020

### Putting Knowledge to Work!

The West Virginia University Extension Service works to provide solutions in your community through key programs and resources, including agriculture and natural resources; 4-H and youth development; food and nutrition; health and wellness; financial planning; and home gardening. These research-based programs and services are available to all Jefferson County residents thanks to the tremendous support of our community members, local organizations, volunteers and local partners, including the Board of Education and County Commission.

# Highlights

- Packaged and distributed 10,000 educational kits to county youths during the coronavirus pandemic.
- Created and distributed 217 buttons to teachers as part of the Familiar Faces button campaign.
- Completed a \$36,000 grant focusing on nutrient management plan recordkeeping in the Eastern Panhandle.
- Community Educational Outreach Service members logged 14,500 hours of community service at a value of \$394,400.

## 4-H/Youth Development

#### Camping

- 78 Jefferson County youths attended Tri-County CampURL, with 238 youths total across Berkeley, Morgan and Jefferson counties. Campers received a Camp in a Box, complete with a camp shirt, class supplies, two STEM activities, souvenirs and a toy. 199 campers joined in social media activities, and 64% completed six activities or more.
- 33 Jefferson County youths attended Virtual Cloverbud Day Camp, 55 youths total across Berkeley, Morgan and Jefferson counties. Cloverbuds received instructions and supplies for more than 12 different activities.
- 25 volunteers assisted with virtual camping efforts.

#### Energy Express

• 55 children participated in a virtual Energy Express program. They received art supplies, sport equipment, more than 10 books, four STEM kits, contact with a mentor, and access to online reading programs and videos. \$10,000 of county funds were secured to support the efforts.

#### Traditional 4-H Programming and Clubs

- Jefferson County had 23 community 4-H clubs consisting of 374 club members and 93 Cloverbud members.
- 154 current community vetted volunteers assisted with 4-H programming.

## **Agriculture and Natural Resources**

#### Farm Management

- 20 producers attended a new conference on row crop production. Sessions included variety trials, grain bin safety and precision agriculture.
- Six producers completed a four-week farm business planning course.
- The ANR agent wrote and distributed four quarterly newsletters to 400 households (each quarter).

#### Garden-based Education

- 60 individuals attended a beginning gardening workshop to learn how to set up a garden, how to start seeds and about routine garden maintenance.
- 15 Master Gardeners completed the 40-hour intern training course virtually.

#### Youth Agriculture

- 390 youths were educated through school-based lessons on seed germination and commodity crops (1st and 2nd grade), soil erosion (4th grade) and genetic engineering (8th grade).
- Shot, edited and filmed seven virtual farm tour videos for youth agriculture programming.

# Family and Community Development

#### Community Educational Outreach Service (CEOS)

- Jefferson County had five CEOS clubs, totaling 73 members.
- Members logged 14,500 volunteer hours, at a value of \$394,400.
- The group received \$9,170 in monetary donations through scholarships, local charities and the West Virginia Breast and Cervical Cancer Screening Program.

#### Healthy Living

- 16 adults participated in a mindful eating wellness activity.
- 60 adults participated in a slow cooker food demonstration as part of the statewide CEOS Conference.
- 13 adults participated in a virtual Dining with Diabetes course over four weeks.

#### Sleigh the Holidays

• 140 women and 23 men participated in a healthy challenge to motivate healthy choices over the Thanksgiving, Christmas and New Year's holidays.

• Participants logged walking or running 9,072 miles and consuming 23,806 ounces of water.

#### Social Development

- 161 high school students learned about mental health issues and self-care during the pandemic.
- 191 high school students learned about mental health resources, privacy rights and community resources.