YOUNG ADULT CONFERENCE
Co-Directors: Tina Cowger & Lesley Woodrum

Program Theme: 4-H Still Grows Here

PURPOSE: YAC provides an environment for young adults to remain in contact with 4-H after youth membership. Also, it encourages participation in Extension programs after youth membership by promoting continued involvement through leadership roles available for adults in the programs. The conference also provides the opportunity for personal growth through programs offered and fellowship among peers.

WHO: Young Adults: Must be 18 or older by start of the event

WHEN: January 26-28, 2018

WHERE: WVU Jackson’s Mill Center for Lifelong Learning and State 4-H Camp

REGISTRATION FEES:
- **$90 – Full Conference Package** - includes 2 nights dorm lodging, Saturday breakfast, lunch & dinner and Sunday Breakfast. Package begins with lodging Friday night and ends after Sunday breakfast. **$100** after December 15th.

- **$75 – Modified Conference Package** - includes 1 night dorm lodging, Saturday lunch & dinner and Sunday Breakfast. Package begins with Saturday after breakfast and ends after Sunday breakfast. **$85** after December 15th.

***Any 4-H member who is attending YAC to be inducted into the WV 4-H All Stars MUST register for either the Full or Modified Conference Package***

REGISTRATION INFORMATION:
The registration postmark deadline and full payment for YAC is **January 5, 2018**. No registrations will be accepted after the deadline.

Submit completed registration form, health form and appropriate fees made payable online by the registration postmark deadline to: No Walk-ins will be accepted.

YAC Registration
c/o 4-H Program Event Coordinator
618 Knapp Hall, PO Box 6031
Morgantown, WV 26506-6031

REFUND POLICY:
Request for refunds must be made in writing to: 4-H Youth Program Event Coordinator at: 618 Knapp Hall, PO Box 6031, Morgantown, WV 26506-6031. Requests for refunds must be faxed or received by January 12, 2018. **NO REFUNDS will be made for no-shows.** (There is a $20 refund processing fee. No refunds will be made for amounts less than $20 after deduction of the processing fee).

REMINDERS:

1. There will no longer be a lodge option for this event.
2. Details for the service project for 2018 are being confirmed. Come prepared to give back!

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, political beliefs, sexual orientation, national origin, and marital or family status.

Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Director, Cooperative Extension Service, West Virginia University.
Workshop Descriptions – Identify your top three choices for each class period. Place a 1 by your first choice, a 2 by your second choice, and a 3 by your third choice.

Workshop I: 9:45-11:15 am

___ 4-H Fit Happens: Get your day started right with an invigorating walk around the Mill, yoga, and healthy snack making and taking. In this class, fit happens! (Limit 12)

___ Board Games: Do you like to challenge yourself with trivia or “thinking outside the box”? This workshop will test both your problem solving and creative sides through board games. (Limit 12)

___ Fun in Film: Watch and discuss a variety of film clips with Chad. (Limit 12)

___ Folk Dancing: Participants will dance the time away doing their favorite 4-H folk dances! (No limit)

___ Self-Defense: Participants will learn basic self-defense tactics and strategies. (Limit 12)

___ Study Hall: Need to get some work done? Attend study hall and catch up on homework in a quiet environment. (No limit)

___ WV 4-H Rocks! and Other Crafts: In this workshop, we will work on painting rocks as part of the WV 4-H Rocks initiative, as well as other art and craft projects. (Limit 12).

___ YAC Gets 4-H Chopped: In this workshop, participants will be divided into teams. Each team will be given a bag of ingredients, a workspace, and kitchen tools – and they must use their cooking skills, communication skills, and presentation skills to prepare and present a food dish(es) to a panel of judges. (Limit 15)

___ No Workshop: While we encourage you to participate in workshop sessions, if you don’t plan to, please select No Workshop. This ensures we don’t give limited spaces in workshops to people who won’t be attending. This time is designed for those who will have their ECI interview during a workshop time period or are involved in state camp planning.

Workshop II: 11:30-1:00 pm

___ 4-H Fit Happens: Get your day started right with an invigorating walk around the Mill, yoga, and healthy snack making and taking. In this class, fit happens! (Limit 12)

___ Board Games: Do you like to challenge yourself with trivia or “thinking outside the box”? This workshop will test both your problem solving and creative sides through board games. (Limit 12)

___ Fun in Film: Watch and discuss a variety of film clips with Chad. (Limit 12)

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