

Apples of all colors are a great source of antioxidants!



Tomatoes



Tomatoes are rich in phytonutrients to keep us healthy!



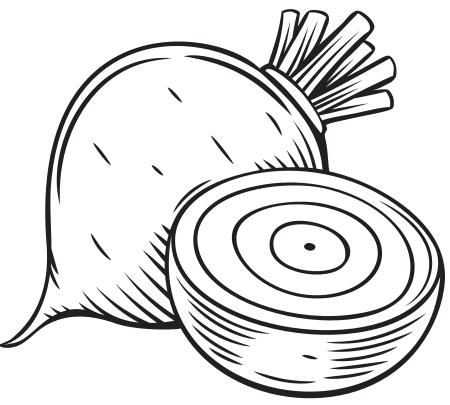
Potatoes



Potatoes can be lots of colors, even yellow, red or blue!



Radishes and Turnips



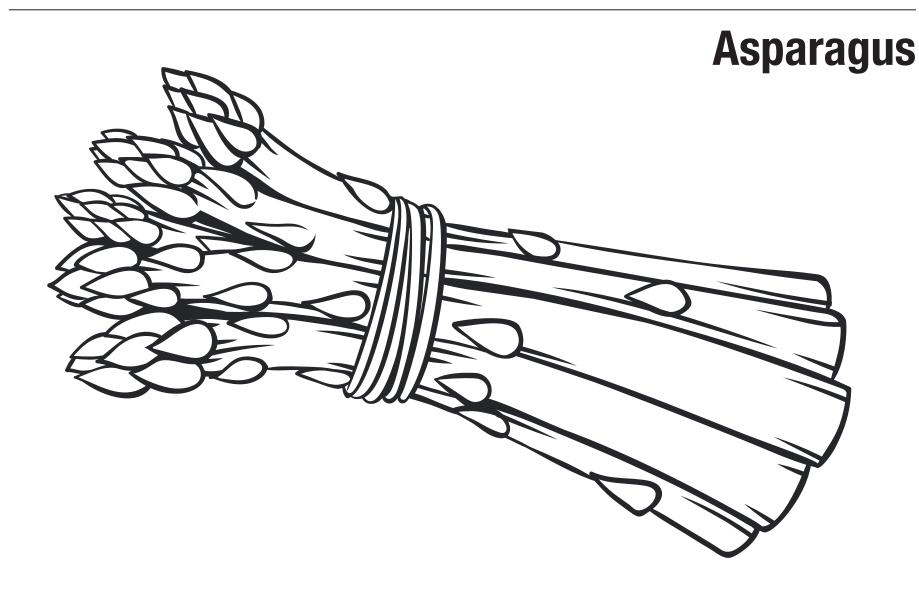
Did you know these could be red, pink, purple, yellow or white?





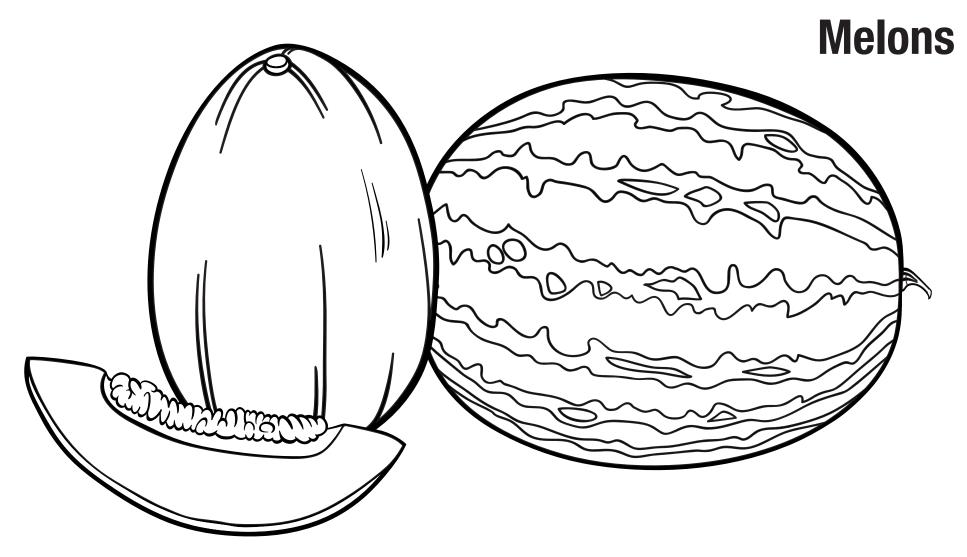
Peppers are a great source of beta-carotene and vitamins A and C!





Purple asparagus is high in potassium, fiber, and vitamins B6 and C!





The inside of a melon, called its flesh, can be red, pink, green, yellow, orange, or even white!