



Dear Project Helper,

This is 4-H is a project intended to teach first-year 4-H members about the 4-H program, its mission and purpose, and to teach the history and traditions of 4-H at the global, national and state levels. This project is designed to be completed with an adult helper or older teen leader. Younger members will require special attention and support. The book will encourage members to ask questions of adults and other 4-H members and spend time discovering information about 4-H. As an adult helper your role will be key to a successful project outcome. Activities for younger members are labeled **Clover Connection**. Activities for older members are labeled **Clover College**.

Each chapter of this project has **Clover Connection** activities and **Clover College** activities. **4-H Members in Grades 3-6** should select and complete **one Clover Connection** activity in each of the first nine chapters of this project, and **one additional activity** from chapters one through nine, for a total of 10 activities. First-year 4-H members in 7th grade and above should choose a total of 15 **Clover College** activities from chapters one through nine. All members will need to select at least one activity from each chapter and complete a project exhibit as outlined in Chapter 10.

We have included supplemental information for chapter 6 along with a project answer key. We hope that the attached materials are a useful supplement to the current *This is 4-H* project book. A significant edits to *This is 4-H* are planned for the 2014-2015 club year. Should you have any questions about the project, please contact your county Extension 4-H Agent.

Thank you for helping a new 4-H member with his or her first 4-H project!

Additional Information for Chapter 6

DISCOVERING THE “ROOTS” OF 4-H IN WEST VIRGINIA

The 4-H program began around the start of the 20th century with the work of many people in different parts of the United States. The first clubs were boys and girls clubs. The first 4-H club in West Virginia was established in Monroe County in 1909.

The focal point of the 4-H program has been the idea of practical and “hands-on” experiential learning through a variety of methods such as 4-H projects, club work, community service, camping, visual presentations and public speaking. Rural 4-H programs in the early beginnings were a way to introduce new agriculture technology to adults by way of the youth. These programs tied both public and private resources together to benefit the youth.

In 1914, Congress created the Cooperative Extension Service of USDA (United States Department of Agriculture) by passing the Smith-Lever Act. It included the Cooperative Extension Service charter and the work of boys and girls clubs involved with agriculture, home economics and related subjects. By 1924, these clubs became organized as “4-H Clubs”. Over the years, 4-H organized community clubs in many communities throughout the state and nation.

In West Virginia during the 1970’s, many programming efforts were placed in the more urban areas of the state. 4-H membership hit an all-time high in 1974, as a result of a popular program about nutrition, Mulligan Stew, a program introduced in West Virginia Schools and television across the country. Since that time, and more recently, many new educational efforts have been organized through the school system appearing as after school, Science and Technology, and Nutrition education. By 2008, one in every four youth who were 4-H age in West Virginia participated in some type of 4-H program.

4-H camping is a premier program in the West Virginia 4-H program. The first West Virginia 4-H Camp was held in Randolph County in 1912. Since that time, camping traditions have been passed down from generation to generation making West Virginia 4-H camping one of the finest in the country.

William H. “Teepi” Kendrick was appointed the West Virginia State Club Agent in 1913 for boys and girls clubs. He played a key role in selecting the site for the first state 4-H camp facility in the world, Jackson’s Mill. Jackson’s Mill remains the West Virginia State 4-H Camp to this day. It is located near Weston in Lewis County.

Mildred Fizer became the first female State 4-H Program Leader in West Virginia. She was also the first female state 4-H leader in history.

4-H members develop in the four fold development of the mind (head), the spirit (heart), the body (health) and skills (hands). 4-H members engage themselves in a wide range of educational projects, enterprises, and activities to enhance personal development, socialization, leadership and citizenship. The program also encourages fellowship and service opportunities. Although 4-H has embraced many new fields of endeavor over the years, it retains a strong connection to its roots in agriculture and the associated values of invention, education, compassion, conservation, encouragement, service, and general happiness and well-being.

The backbone of the 4-H program in the state of West Virginia and the nation is the strong base of volunteers. Volunteers provide many hours of service each year to help 4-H youth develop life-long learning skills. Some volunteers are project leaders who teach youth skills and knowledge in an area of interest. Others are unit or community club leaders who organize clubs, groups, and other programs. Resource leaders are available to provide information and expertise. 4-H volunteers work under the direction of professional staff to plan and conduct activities and events, develop and maintain educational programs, and secure resources in support of the program.

Receiving the 4-H Charting Pin and becoming a West Virginia 4-H All Star are the two top honors in the 4-H Program.

Charting is a self-directed program for youth to lead them through their ideas about morals, values, educational and career goals and thoughts about family and friend relationships. Youth engage in educational charting classes during county workshops, teen leadership week-end, and the educational 4-H camp setting to be considered for the charting pin. Upon completion of the 4-H charting program and receiving the 4-H charting pin, youth become eligible for consideration of membership into the West Virginia 4-H All Star Program. The 4-H member must be at least 18 years by December 31 in the year considered. Volunteer leaders who have been a leader for at least five years can also be recommended for membership into the 4-H All Star Program.

The organization of the West Virginia 4-H All Stars was organized in June 1919. The motto of the 4-H All-Star Program is “lifelong” service to 4-H.

In 2007 and 2008, West Virginia 4-H clubs were engaged in educational programming to obtain 4-H Charters through the United States Department of Agriculture, the body that owns the 4-H Youth Development Program. This was an effort to provide professionals and volunteers with the tools required to have effective clubs and clubs that have “best management practices” in financial management and organizational ability.

Do the Activities

What did you learn? *Various answers based on the child.*

When did the official 4-H program begin? By 1924, these clubs became organized as “4-H Clubs”

What is the focal point of the 4-H program? The focal point of the 4-H program has been the idea of practical and “hands-on” experiential learning through a variety of methods such as 4-H projects, club work, community service, camping, visual presentations and public speaking.

In what year did Congress create the Cooperative Extension Service of the United States Department of Agriculture? What bill did Congress pass to create it? In 1914, Congress created the Cooperative Extension Service of USDA (United States Department of Agriculture) by passing the Smith-Lever Act.

Where was the first 4-H club in West Virginia? The first 4-H club in West Virginia was established in Monroe County in 1909.

What is a premier program in the West Virginia 4-H? 4-H camping is a premier program in the West Virginia 4-H program.

Where was the first West Virginia 4-H camp held? The first West Virginia 4-H Camp was held in Randolph County in 1912.

Who played a key role in selecting the site for the first State 4-H camp facility in the world? William H. “Teepi” Kendrick was appointed the West Virginia State Club Agent in 1913 for boys and girls clubs. He played a key role in selecting the site for the first state 4-H camp facility in the world, Jackson’s Mill.

What is the West Virginia State 4-H Camp? Jackson’s Mill remains the West Virginia State 4-H Camp to this day.

Who was the first female to serve as state 4-H Program Leader in West Virginia? Mildred Fizer became the first female State 4-H Program Leader in West Virginia.

How do 4-H members develop? 4-H members develop in the four fold development of the mind (head), the spirit (heart), the body (health) and skills (hands).

Who is the backbone of the West Virginia 4-H program? The backbone of the 4-H program in the state of West Virginia and the nation is the strong base of volunteers.

Name the West Virginia state 4-H song? “West Virginia Boys and Girls” page 2 of the project book

Name the two top honors in the West Virginia 4-H program. Receiving the 4-H Charting Pin and becoming a West Virginia 4-H All Star are the two top honors in the 4-H Program.

Who owns the 4-H Youth Development Program? In 2007 and 2008, West Virginia 4-H clubs were engaged in educational programming to obtain 4-H Charters through the United States Department of Agriculture, the body that owns the 4-H Youth Development Program.

This is 4-H Project Answer Key

Chapter 1 – WELCOME TO 4-H!

PAGE 3

Clover Connection:

Activity 1: Famous 4-Her's

Who did you find? & Why are they famous?

<http://sampson.ces.ncsu.edu/files/library/82/alumni.pdf>

Julia Roberts - Actress

Ned Jarrett – NASCAR race car driver

Dan Reeves – American Football player and head coach

Nancy Grace – American Legal Commentator and television journalist

Alan Shepard - Astronaut

Roy Rogers – singer and cowboy actor

Walter Mondale – Vice President to Jimmy Carter

David Letterman – Late night talk show host

Johnny Carson – Late night talk show host

Jimmy Carter – President of the United States

Jacqueline Kennedy Onassis – first lady of USA, John F. Kennedy

Ben Nighthorse Campbell – US Senator

Johnny Cash - singer

Lamar Alexander – US Senator

Reggie White – American football player

Orville Redenbacher – businessman - popcorn

Luke Bryan - singer

Randy Owen - singer

Trisha Yearwood - singer

Roslyn Carter - first lady of USA, Jimmy Carter

Activity 2: What's your personal emblem and motto/slogan?

You learned that the 4-H Emblem is a green and white 4-leaf clover. You now know what the Hs and colors represent. Create and draw a picture of what your personal emblem would be. Think about what colors, shapes, or letters you would use.

What does your shape or shapes represent? *Various answers based on the child*

What do your colors represent? *Various answers based on the child*

If you used letters, what do they represent? *Various answers based on the child*

What is your motto or slogan? *Various answers based on the child*

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Activity 3: What does it mean to you?

In your own words, what does the 4-H motto mean to you? *Various answers based on the child*

How can you be better at something you do in school, in sports, or in other clubs? *Various answers based on the child*

Activity 4: Test your 4-H memory!

All 4-H clubs recite the 4-H Pledge at the beginning of meetings. It is important for you to memorize the 4-H Pledge and the motions. On the lines below, talk about the four Hs and what they mean to you. Set a deadline for memorizing the 4-H Pledge. *Various answers based on the child*

CLOVER COLLEGE

Activity 1: Famous 4-Her's

Who did you find? & Why are they famous?

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What does your shape or shapes represent? Various answers based on the child

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If you used letters, what do they represent? Various answers based on the child

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All 4-H clubs recite the 4-H Pledge at the beginning of meetings. It is important for you to memorize the pledge and the motions. On the lines below, talk about the four Hs and what they mean to you. Memorize the 4-H Pledge and set a deadline to lead a group in saying the 4-H Pledge.

How long did it take you to memorize the 4-H Pledge? Various answers based on the child

What date did you lead a group in saying the 4-H Pledge? Various answers based on the child

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Activity 4: What's the big deal?

The West Virginia 4-H song represents the tradition of the 4-H program in the state. In West Virginia, the 4-H program has many traditions. To learn more about the song "West Virginia Boys and Girls" and what it means, go to <http://gilmer.ext.wvu.edu/r/download/53233> and read about how the verses relate to the four Hs – Head, Heart, Hands, and Health. Discuss what you learned below: Various answers based on the child

Chapter 2: People Make 4-H Work

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Clover Connection:

Activity 1: 4-H in my county

What are the names of the people in your county Extension office who work with 4-H?

Varies by County – county offices need to fill in below

Agent(s) responsible for 4-H

Program Assistant

Secretary

Other

With an adult, visit your county's Extension Service website and find information about 4-H. What type of 4-H information did you find? Was it helpful?

The website will indicate who sponsors county 4-H program, what the kids can do and the age ranges for cloverbuds and 4-H members. It also talks about all of the different 4-H projects kids can take. There's information on there about the 4 H's as well, head, heart, hands, and health.

Ask a 4-H agent, 4-H volunteer, or Teen Leader you met this year why they work with 4-H. Who did you ask? What do they do? What did they tell you was the reason they work with 4-H? Various answers based on the child

Activity 2: 4-H and the U.S. government

What three governmental groups cooperate to make 4-H available through the Extension Service?

- (1) USDA
- (2) West Virginia University
- (3) Board of Education & County Commission

In what cities are the two West Virginia land-grant universities located?

- (1) West Virginia University – Morgantown
- (2) WV West Virginia State University - Institute, WV

Name all members of your County Commission and Board of Education.

Varies by County – county offices need to fill in below

County Commission _____

Board of Education _____

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CLOVER COLLEGE

Activity 1: 4-H in my county

What are the names of the people who work in your county Extension office? What's their responsibility with 4-H? How does their job impact 4-H?

Varies by County – county offices need to fill in below

Agent(s) _____

Program Assistant(s) _____

Secretary _____

Nutrition Outreach Instructor(s) _____

Other _____

Activity 2: WVU 4-H on the Web

Visit the WVU Extension Service website (www.ext.wvu.edu) and write a brief report on other programs and services offered by the Extension Service that provide information and help individuals, families, and communities solve problems. Various answers based on the child

Activity 3: The people who make 4-H work in my county

Ask a 4-H agent, 4-H volunteer, or Teen Leader you met this year why they work with 4-H. Who did you ask? What do they do? What did they tell you was the reason they work with 4-H? Various answers based on the child

Activity 4: Let's write about 4-H!

Write a letter to your County Commission or Board of Education explaining why 4-H is important in your community and why these local funding groups need to continue to support 4-H. Various answers based on the child

Chapter 3: About 4-H Club Meetings

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Clover Connection

Activity 1: Parts of a good meeting

What are the three parts of a good 4-H club meeting?

- (1) Club business
- (2) An educational program
- (3) Recreation

What part of the meeting do you think will be the most fun? Why? Various answers based on the child

Why do you think it is important to have a business meeting during the 4-H club meeting? Various answers based on the child

Why do you think it is important to have programs that you are interested in hearing about? Various answers based on the child

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Activity 2: My club's activities

Give an example of an activity you did in your club that you can share with your school, church, sports team, or another group in which you are involved. Various answers based on the child

What activity did you choose? Various answers based on the child

What other group did you share the activity with? Various answers based on the child

Activity 3: At your service

In 4-H clubs you will learn about helping your community by planning and doing service projects. Various answers based on the child

What are some needs in your community? Various answers based on the child

How can your club help meet the needs of your community? Various answers based on the child

Other than 4-H, what organizations currently do community service in your area? How does their service help your community? Various answers based on the child

Why do you think community service is important? Various answers based on the child

How do you feel after completing community service? Various answers based on the child

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CLOVER COLLEGE

Activity 1: Answer three of the following questions:

What are the three parts of a good 4-H club meeting and what happens in each part?

- (1) Club business- make decisions and plan activities for the club
- (2) Educational program- may include a guest speaker who talks about something you want to learn
- (3) Recreation- singing, playing games, participating in contests, etc..

What interesting things did your club do at meetings this year? What made them interesting to you?
Various answers based on the child

What suggestions do you have that may make club meetings better for 4-H members?
Various answers based on the child

How does parliamentary procedure help a club meeting?

It keeps the meeting more organized and not everyone is fighting to speak. It also helps you in any type of meeting.

What club activity was confusing to you as a new member? Why was it confusing? Various answers based on the child

How might the club help new members (and their families) throughout the year? Various answers based on the child

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Activity 2: Making new friends

One of the greatest things about 4-H is making new friends. You will be able to make many new friends in your club. As a new 4-H member, you probably are still meeting people in your 4-H club. Your task at the next 4-H meeting is to introduce yourself to two people you have not really met and ask them the following questions.

What is your name? Various answers based on the child

How long have you been in 4-H? Various answers based on the child

What club activities do you like the best? Various answers based on the child

What projects have you taken in 4-H? *Various answers based on the child*

What is your favorite part about 4-H? *Various answers based on the child*

Activity 3: Plan of action

With the help of your leader and teen leaders, plan a community service activity for your club. Answer the following questions to help you plan your project.

What project are you going to do? *Various answers based on the child*

When and where will this take place? *Various answers based on the child*

Who/What is the activity for? *Various answers based on the child*

What resources will you need? People (list or describe); Materials (list or describe) *Various answers based on the child*

Will this project require money? How will it be funded? *Various answers based on the child*

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Activity 4: Service learning

After carrying out the community service activity you planned in Activity 3 or after completing a community service activity with your club, answer the following questions:

What was the community service project? *Various answers based on the child*

What was your favorite part of this activity? *Various answers based on the child*

What did you learn about your community? *Various answers based on the child*

What did you learn about yourself? *Various answers based on the child*

What happened as a result of the activity (outcome)? *Various answers based on the child*

Was the project successful? *Various answers based on the child*

What could you have done differently? *Various answers based on the child*

Chapter 4: Using Your Head H

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Clover Connection

Activity 1: Learning by doing

Take a look at some of the 4-H projects available for you to take. Ask your club leader to go over the different projects with you or go to www.4-hcurriculum.org/ to see the different 4-H projects. Below is a

list of the project topics 4-H has to offer. Read through them and check the three (3) topics that you are most interested in.

Why did you pick those three topics? *Various answers based on the child*

Which one are you most interested in? Why? *Various answers based on the child*

Are there more topics that you are interested in but could not choose? What are they? *Various answers based on the child*

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Activity 2: Self-determined

Do you have an interest or hobby that doesn't fit into one of the topics listed on page 18? 4-H offers a project for older members that allows them to explore topics that are not currently covered by a project book. This might be one way for you to learn more about your interest.

What is your interest? *Various answers based on the child*

Why would you recommend that others learn about your interest? *Various answers based on the child*

What is the most important thing people should know about your interest? *Various answers based on the child*

Activity 3: Let's talk about it!

What are three topics you could teach others about or three skills you could demonstrate? *Various answers based on the child*

Which one of these three topics do you feel the most comfortable talking about or demonstrating? *Various answers based on the child*

Answer the following questions to prepare a presentation for your club: *Various answers based on the child*

What is the purpose of your presentation? *Various answers based on the child*

What are three main points of your presentation? *Various answers based on the child*

What is your attention-getting introduction? *Various answers based on the child*

What is the conclusion of the presentation? *Various answers based on the child*

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Activity 4: Practice! Practice! Practice!

After you have your presentation written, you need to practice it in order to learn its parts before you deliver your presentation. It is good to practice in front of a mirror or with videotape. Your family is also a good audience to practice on.

How did your presentation go? Various answers based on the child

What was your favorite part of your presentation? Various answers based on the child

What would you change about your presentation if you did it again? Various answers based on the child

Clover College

Activity 1: Project interview

Interview a 4-H member who has been in 4-H for several years about the projects he/she has completed. Ask the member the following questions and summarize your interview in a paragraph.

How many projects have you taken? Various answers based on the child

Why did you take these projects? Various answers based on the child

Which projects were the most fun? Various answers based on the child

Which projects helped you learn the most? Various answers based on the child

Which projects would you suggest I take? Various answers based on the child

Write your summary paragraph here. Various answers based on the child

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Activity 2: Exploring another project on your own

Complete a 4-H project in addition to *This is 4-H*. Answer the following questions about the project in a paragraph.

Which project did you choose? Various answers based on the child

Why did you choose this project? Various answers based on the child

What was the most important idea you learned from the project? Various answers based on the child

How will you use the information or skills you learned while completing the project? Various answers based on the child

Would you recommend this project to another 4-H'er? Why or why not? Various answers based on the child

Write your summary paragraph here. Various answers based on the child

Activity 3: Evaluating a presentation

Watch someone give a presentation. Look at posture, eye contact, hands, and gestures. Also pay attention to the voice. Evaluate the presenter's delivery in a paragraph.

What was the presentation about? Various answers based on the child

Did the presenter make eye contact with the audience? Various answers based on the child

Could you easily hear the presenter? Various answers based on the child

Was the presenter dressed appropriately? Various answers based on the child

How did the presenter engage the audience? Various answers based on the child

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What could have made the presentation better? Various answers based on the child

Write your summary paragraph here. Various answers based on the child

Activity 4: Your county visual presentation contest

Do a presentation for your county's visual presentation contest.

What was the topic of your presentation? Various answers based on the child

How did your presentation go? Various answers based on the child

How did you place in the contest? Do you get to compete in the state contest? Various answers based on the child

Did the judges give you any comments or advice? What did they say? Various answers based on the child

What was the best part of your presentation? Various answers based on the child

What would you change about your presentation if you did it again? Various answers based on the child

Chapter 5: A-camping We Will Go

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Clover Connection

Activity 1: My county camp

Why not make it a goal to learn more about your county camp!

Varies by County – county offices need to fill in below

What is the name of my county camp? _____

Where is my county camp located? _____

When is my camp scheduled? _____

One way I could help my county camp is to: _____

Activity 2: Who's who in camp?

Complete each word in the following: (hint – These are our four 4-H camper tribes.)

C _ _ _ OK _ _ CHEROKEE
_ _ L _ W _ _ DELAWARE
_ _ IN _ MINGO
S _ N _ _ A SENECA

Research one of the four Native American tribes honored at 4-H camp. Be sure an adult is with you if you use the Internet to research the tribe.

Seneca Nation of Indians - <http://sni.org/>
Cherokee Nation - <http://www.cherokee.org/>
Delaware Tribe - <http://delawaretribe.org/>
Mingo history - http://www.ohiohistorycentral.org/w/Mingo_Indians?rec=608
<http://pages.swcp.com/~dhickman/notes/mingo.html>

Which tribe did you research? *Various answers based on the child*

What was the most interesting fact you discovered about the tribe? *Various answers based on the child*

Where was the tribe located in West Virginia? *Various answers based on the child*

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Activity 3: What’s happening at my camp?

Varies by County – county offices need to fill in below

What’s the theme for your 4-H camp this year? _____

What special events happen at your camp that may not happen at camps in other counties? _____

What sports can you play at your camp? _____

Activity 4: Sing a silly song

Write a silly song about the four Hs, using the “Twinkle Twinkle Little Star” tune. *Various answers based on the child*

Activity 5: Camp crossword

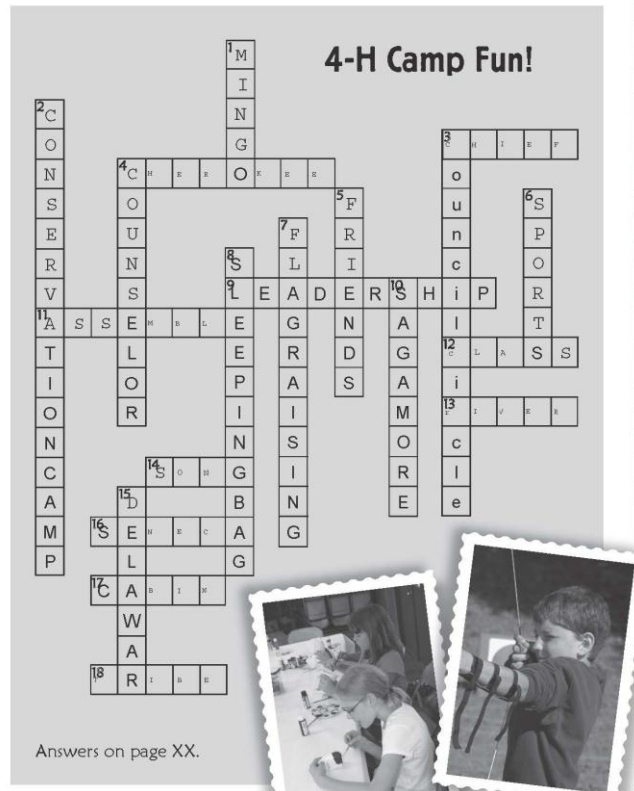
Use clues from this chapter on camping to determine the answers for this crossword puzzle. You may need to talk with other 4-H’ers who are experienced campers to answer some. But that’s part of the FUN!

Down

1. Red – Bear
2. A State
4-H Camp
3. Evening
Program
with Campfire
4. Adult
Volunteer
Who Helps
at Camp
5. Meeting
Others and
Getting Along
6. Something
You Play
7. Daily Salute
8. What You Put
on Your Bed
to Sleep in
10. Assistant Chief
15. Black –
Thunderbird

Across

3. The Main
Tribe Leader
4. Orange –
Moon and
Star
9. Helping
Others
Reach a Goal
Together
11. Daily Camp
Activities
12. Session
to Learn
Something
13. A Place for
Fishing
14. Music Sung
at Camp
16. Green – Turtle
17. A Place You
Sleep In
18. Your Group
at Camp

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Clover College

Activity 1: Use of 4-H traditions

Go online to <http://4-hyd.ext.wvu.edu/4hresources/camping>

Under – CAMP Program Resources “Responsible Use of Native American Themes (9 pp)”

See the information on the use of 4-H traditions.

What modifications did our camping program adopt to show more respect for our Native American heritage?

WEST VIRGINIA 4-H CAMPING TRADITIONS THAT SHOULD CONTINUE

- Organizing camps on a 4-H tribal system named for the Native American tribes that inhabited the area now known as West Virginia: Cherokee, Mingo, Delaware, and Seneca.
- Using 4-H Laws of the Council to guide campfire programs.
- Calling camp counselors and staff by the group name of Big Foot tribe.
- Using traditional 4-H tribal practices, such as emblems, colors, songs, and cheers.
- Use of the West Virginia Campfire Closing.
- Wearing felt headbands by chiefs of 4-H tribes during camps.
- Awarding 4-H spirit sticks. County 4-H camping programs should develop spirit stick traditions that reward the spirit of unity and cooperation in 4-H camp. Campers should be educated in the meaning of the spirit stick and why it is awarded. Competition should not be overemphasized, and cooperative spirit should be rewarded. 4-H tribal colors and symbols can be used to decorate camp spirit sticks, but it is not appropriate to adorn spirit sticks with feathers or other Native American symbols.

WEST VIRGINIA 4-H CAMPING TRADITIONS THAT SHOULD BE DISCONTINUED

- Wearing feather headdresses at any state or county camp.
- Painting faces in a manner that mimics or stereotypes Native Americans.
- Using stereotypical motions and dances associated with the traditional songs/cheers of the Mingo and Delaware 4-H camp tribes.
- Chanting the ceremonial 4-H Big Foot tribal cheer (“Ugh, Ugh, Ugh”).
- Wearing wigs and feather headdresses during High Council and peace pipe ceremonies.

How could you apply what we learned about respect to your own life? *Various answers based on the child*

Activity 2: Adventures at WVU Jackson’s Mill

Jackson’s Mill State Camp holds many types of adventures for you. You can get that information from your WVU Extension Office or go online (http://4-hyd.ext.wvu.edu/events_forms/events_packet). Find out about these and other exciting camps and activities: OMC, Alpha I and II, Conservation Camp, Teen Leaders/Charting Weekend, Dance Weekend, and Volunteer Leaders’ Weekend.

After exploring, which camps are you interested in? Why? *Various answers based on the child*

Activity 3: Camp schedule

Create an example of how you would schedule camp for a day. Identify the pros and cons to having a schedule. *Various answers based on the child*

Chapter 6: Discovering the “Roots” of 4-H in West Virginia

PAGE 30

Clover Connection

Activity 1: The Quiz

What did you learn? *Various answers based on the child*

When did the official 4-H program begin? By 1924, these clubs became organized as “4-H Clubs”

What is the focal point of the 4-H program? The focal point of the 4-H program has been the idea of practical and “hands-on” experiential learning through a variety of methods such as 4-H projects, club work, community service, camping, visual presentations and public speaking.

In what year did Congress create the Cooperative Extension Service of the United States Department of Agriculture? What bill did Congress pass to create it? In 1914, Congress created the Cooperative Extension Service of USDA (United States Department of Agriculture) by passing the Smith-Lever Act.

Where was the first 4-H club in West Virginia? The first 4-H club in West Virginia was established in Monroe County in 1909.

What is a premier program in the West Virginia 4-H?

4-H camping is a premier program in the West Virginia 4-H program.

Where was the first West Virginia 4-H camp held?

The first West Virginia 4-H Camp was held in Randolph County in 1912.

Who played a key role in selecting the site for the first State 4-H camp facility in the world?

William H. "Teepi" Kendrick was appointed the West Virginia State Club Agent in 1913 for boys and girls clubs. He played a key role in selecting the site for the first state 4-H camp facility in the world, Jackson's Mill.

What is the West Virginia State 4-H Camp?

Jackson's Mill remains the West Virginia State 4-H Camp to this day.

Who was the first female to serve as state 4-H Program Leader in West Virginia?

Mildred Fizer became the first female State 4-H Program Leader in West Virginia.

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How do 4-H members develop?

4-H members develop in the four fold development of the mind (head), the spirit (heart), the body (health) and skills (hands).

Who is the backbone of the West Virginia 4-H program?

The backbone of the 4-H program in the state of West Virginia and the nation is the strong base of volunteers.

Name the West Virginia state 4-H song?

"West Virginia Boys and Girls" page 2 of the project book

Name the two top honors in the West Virginia 4-H program.

Receiving the 4-H Charting Pin and becoming a West Virginia 4-H All Star are the two top honors in the 4-H Program.

Who owns the 4-H Youth Development Program?

In 2007 and 2008, West Virginia 4-H clubs were engaged in educational programming to obtain 4-H Charters through the United States Department of Agriculture, the body that owns the 4-H Youth Development Program.

Clover College

Activity 1: Mildred Fizer

Write a report about Mildred Fizer.

National 4-H Hall of Fame <http://www.4-h-hof.com/>

Mildred Fizer began her service to the West Virginia 4-H program as an agent in Cabell County. She was named the State 4-H Girls Club Agent in August 1953 to reverse three years of declining 4-H membership. The enrollment posted a 3% increase in 1954. After working in this role for a number of years, she was appointed State 4-H Program Leader. This was a significant achievement for her and the state and national 4-H programs - Mildred was the first female state 4-H leader in history. Mildred served in many national leadership roles and was extremely respected by her "peers" as the first female in the group. Mildred established an excellent state staff of 4-H specialists and impacted many of the programs we do today. After retirement, she went from being the advisor to the Board of Trustees to a member of the board and an officer and helped guide the foundation through its largest growth and its merger with the WVU Foundation, Inc. The impact of her work will be felt in 4-H for many years to come.

Activity 2: Early Leader

Write a report about another early 4-H Leader. This leader can be from your county or elsewhere in West Virginia. If you need assistance, ask your WVU Extension Service county 4-H agent.

National 4-H Hall of Fame <http://www.4-h-hof.com/>

Tubby Boggs - "Tubby" Boggs served as the State 4-H Boys' Agent, and many of those years as State 4-H Boys' Camp Leader. He created "Treasures of the Trail," a leaflet of program materials sent monthly to all 4-H leaders. The publication continues today in WV 4-H. He introduced the State 4-H Boys Band in 1937 to provide new opportunities for youth. He was instrumental in bringing back the Boys' Camp after WWII. This was accomplished through the development of a strong staff, including many youth men returning from military service.

Polly Hanst - Polly Johnson Hanst is a living legend to WV 4-Hers. She began her over 70 year relationship with 4-H as a club member and later served in county and state positions including a leadership role with 4-H Girl's State for many years. Polly is probably best known for her work with Older Club Member's Conference that she helped found in 1944. She has served on nearly every OMC staff for almost 60 years. Polly is a National 4-H Alumni winner and was inducted into the Order of Vandalia, one of WVU's highest honors. She is a favorite among our 4-H'ers and a true role model. Polly has touched the lives of thousands of 4-Hers.

Charlie Hartley - Charles Henry Hartley was a pioneer of Cooperative Extension and 4-H in West Virginia. "Uncle Charlie" was a humble man. His religious attitude toward life was a daily commitment. He knew that by helping one another, we help ourselves. "Living to the extent of our abilities is our task" was his philosophy. As eldest child from a WV farm, he was among five siblings to receive college degrees. As chairman of the WV legislative Home Education Committee in the 1913, he helped pass an act creating the Agriculture Extension Department of the WV University College of Agriculture. He was instrumental in organizing and directing the first Farmers Institute which took agricultural education to rural communities.

Teepi Kendrick - William H. "Teepi" Kendrick attended Centre College in Kentucky and completed his degree at West Virginia University in 1913. In September 1912 he came to work with West Virginia Extension as the State Agent for Boys' Clubs. He became State Club Agent in 1913, providing leadership for 29 agricultural agents working in as many counties. During 1914-15, Kendrick traveled 16,420 miles and addressed 7,872 people in public meetings. He conferred with 41 district boards of education and obtained \$4,135 for county demonstration agents.

Activity 3: Smith-Lever Act

Write a report about the Smith-Lever Act of 1914.

http://extension100years.net/en/administration/about_us/chancellors_office/extension/about-smith-lever/

Chapter 7: 4-H in the Mountain State

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Clover Connection:

Activity 1: State event summary

Which of these opportunities sound like fun? Why? *Various answers based on the child*

What statewide activities do other clubs and organizations (like your school) in your community offer? *Various answers based on the child*

How do you plan to participate in state 4-H activities? *Various answers based on the child*

Activity 2: State event information

With an adult, contact your local Extension office or go online (http://4-hyd.ext.wvu.edu/events_forms/events_packet) to find more information about an event of your choice.

What is the name of the event? *Various answers based on the child*

Where is the event held? *Various answers based on the child*

Who can participate in the event? *Various answers based on the child*

Is there a cost or other requirements for the event? *Various answers based on the child*

Activity 3: Know your state

Varies by County – county offices need to fill in below

Activity 3: Know your state

At this point, you have learned about the 4-H program in your club, county, and state. On this map of West Virginia, let's review some key information you have learned.


Put a red dot on the map where your club meets.

Draw a star on the map where your county Extension office is located.

Put a green dot on the map where your county 4-H camp is held.

Put a blue dot on the map where the two land-grant universities (WVU and WVSU) are located.

Put a purple dot on the map where the state 4-H camp is located.



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Clover College:

Activity 1: State event interview

Interview a 4-H member who has participated in a state opportunity. Summarize your interview in a paragraph by answering the following questions:

Whom did you interview? Various answers based on the child

What event did he/she attend? Various answers based on the child

What was his/her favorite part? Various answers based on the child

Would he/she recommend that you participate in the event? Why? Various answers based on the child

Paragraph Summary: Various answers based on the child

Activity 2: State event participation

Participate in one of the state opportunities. Write a reflective paragraph about your experience by answering the following questions:

What event did you participate in? Various answers based on the child

What was your favorite part of the event? Various answers based on the child

What is something you learned from attending the event? Various answers based on the child

Paragraph Summary: Various answers based on the child

Activity 3: 4-H Resume

Complete a 4-H Resume with your experiences so far. Include with your project book. Various answers based on the child

Chapter 8: 4-H: A National Treasure

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Clover Connection:

Activity 1: Three National 4-H Mission Mandates

Try to match these activities with a 4-H National Mission Mandate.

- A. Science, Engineering, and Technology
- B. Healthy Lifestyles
- C. Citizenship

1. C Picking up trash
2. A Taking a robotics class
3. B Brushing your teeth
4. A Using a digital camera
5. A Raising a meat goat
6. C Serving on a community committee
7. B Drinking water instead of pop at a 4-H club meeting
8. C Leading your 4-H club as the Recreation Officer
9. B Leading your 4-H club as the Health Officer
10. A Saving water in your home

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Which National Mandate do you think is most important? Various answers based on the child

Why do you think it is more important than the other two? Various answers based on the child

How can you be sure that your 4-H club does something for all three National Mandates? Various answers based on the child

How could you participate in 4-H at the national level? Various answers based on the child

Activity 2: Essential Elements

List three examples of how you can make sure each member of your club feels like he/she belongs. Various answers based on the child

List three examples of how 4-H can help you learn how to do new things. Various answers based on the child

List three ways you can practice making big decisions by being a 4-H member. Various answers based on the child

List three ways you can be generous to others in your community. Various answers based on the child

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Clover College:

Activity 1: Mission complete

Interview your fellow 4-H club members. With their help, come up with three ideas that will help build the Mission Mandates into your 4-H club meetings.

1. Science, Engineering, and Technology: Various answers based on the child
2. Healthy Lifestyles: Various answers based on the child
3. Citizenship: Various answers based on the child

Activity 2: Essential Elements

Talk with your 4-H club adult leader(s) to see where you can build the Essential Elements into your club.

List five ways you can help your club be more involved in your community. Various answers based on the child

List five reasons why you think it is important that other youths feel like they belong in your 4-H club. Various answers based on the child

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List five reasons why it is important to master skills before you graduate from high school. Various answers based on the child

List five ways you can practice independence while being a 4-H club member. Various answers based on the child

What did you learn about the 4-H Essential Elements? Various answers based on the child

Other than 4-H, where are some other places that these same Essential Elements would fit in? Give an example of how one of the Essential Elements would make your school a better place.

Various answers based on the child

How could you help make sure the Essential Elements are in place in your 4-H club? Various answers based on the child

Chapter 9: 4-H Around the World

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Clover Connection

Activity 1: 4-H by a different name

With the help of an adult, go online and search for other countries that have 4-H-type programs.

The 4-H Youth Development Program was founded in the U.S. in the early 1900's to engage young people as catalysts in the nation's movement to large scale agricultural production. Young people participated in hands-on, experiential learning activities that would foster leadership, citizenship, and life skills. Over the years, 4-H has expanded its model, tailoring program content to be relevant to the communities in which it operates. 4-H in the U.S. is the youth development program of the United States Department of Agriculture and the 106 land-grant universities. It is delivered through the Cooperative Extension System, a nationwide, non-credit educational network funded by the federal government.

4-H and partner extension activities, including land grant universities in the U.S., support sustainable agricultural and economic development opportunities across the globe, including 26 countries in Africa. U.S.-based 4-H international work consists of either international educational youth exchanges or extension programs operated by land-grant universities. U.S. initiated extension programs complete projects such as:

- Connecting staff to academic nutrition programs at universities in the Mexican state of Chihuahua (New Mexico State University)
- Teaching Iraqi Extension personnel how to use Active Learning Methods in working with rural young people and women (New Mexico State University)
- Developing 4-H programs in local Mexican communities (Pennsylvania State University and Iowa State University)
- Fostering community development, livestock projects, curriculum, and volunteer training materials in Barbados (University of Florida 4-H)

To date, over 70 countries have developed 4-H to promote positive youth development. Around the world, not all 4-H programs are named the same. For example, in Botswana it is 4-B, 4-K in Kenya, 4-S in Swaziland, Bolivia, and Costa Rica, and 4-C in Paraguay. Partnering with governmental ministries,

4-H has established sound youth programs. Examples include animal rearing/ husbandry, cooperative farming, eco-tourism, computer science, and leadership. While most of the 4-H organizations in Europe have partnered with the European Council for Young Farmers (CEJA) and Rural Youth Europe, national initiatives and private entities in Africa and Asia have also joined the 4-H movement to implement youth outreach programs.

4-H around the Globe

- Reaches millions of youth between the ages of 5-35
- Provides diverse programming to address the needs of the local youth and their communities
- 100+ extension and youth exchange programs worldwide through land-grant universities.

4-H Movement:

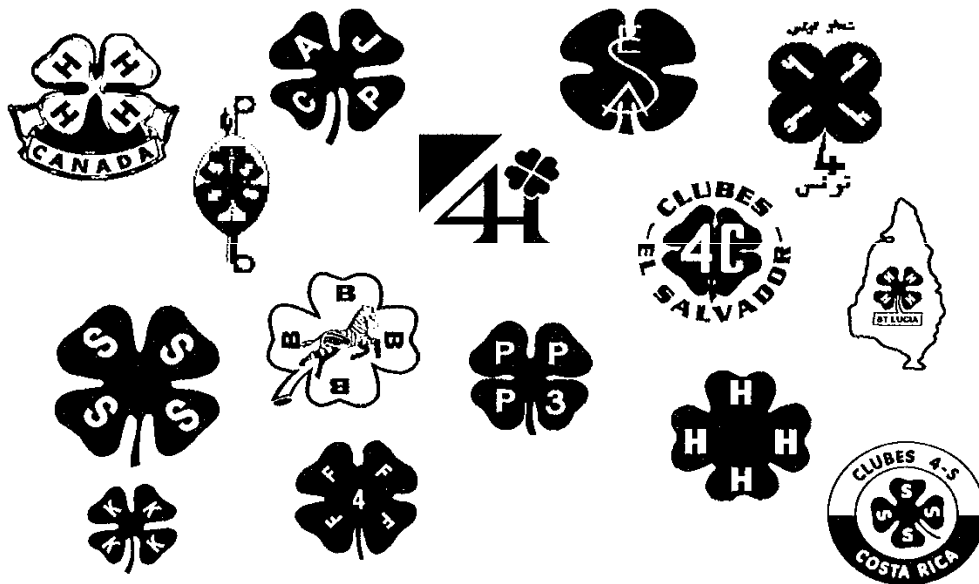
- Operates organically/ bottom-up
- Resourceful, effective, measurable, sustainable, adaptable, and scalable
- The largest Positive Youth Development provider in the U.S.
- Leading expert in youth capacity building and agro-economic development Creates experiential learning and entrepreneurship opportunities for youth

Another Possible Resource - <http://www.4-h.org/about/global-network/>

What country did you find? *Various answers based on the child*

What is the name of 4-H in that country? *Various answers based on the child*

Why do you think it is important for 4-H'ers to learn about other countries? *Various answers based on the child*



Activity 2: Meet the IFYE

Try to attend an IFYE presentation during the 4-H year. If you are not able to attend a presentation, contact your county Extension office to get the following information about the current IFYE.

What country or countries did the IFYE visit? *Various answers based on the child*

Why do you think it is important that 4-H'ers participate in the IFYE program? *Various answers based on the child*

Activity 3: History of IFYE

With the help of an adult, research the history of the IFYE program online. Draw a timeline of the history of the IFYE program from 1948 to today. Include at least six items on your timeline. IFYE Association of the USA, INC. <http://ifyeusa.org/>

Various answers based on the child

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Clover College

What other community organizations have international exchange programs? How are these programs similar to or different from the IFYE program? *Various answers based on the child*

Some examples are:

Rotary	https://www.rotary.org/en/start-exchange
Youth For Understanding	http://www.yfu.org/
AFS Intercultural programs USA	http://www.afsusa.org/
International Youth Exchange	http://www.intlyouth.org/

If you were interested in becoming an IFYE one day, how could you find out more information about the program and how to apply?

Contact your local extension office

<http://4-hyd.ext.wvu.edu/programs/globaled/ifye>

What other countries have programs similar to 4-H? Where could you learn more about these youth development programs?

See resource information above

What types of activities could you do at an upcoming 4-H event so other 4-H'ers learn about other countries or cultures? *Various answers based on the child*

What did you learn about the IFYE program?

IFYE Association of the USA, INC. <http://ifyeusa.org/>

Various answers based on the child