



FIRST AID IN ACTION SCORE SHEET

Complete all **twelve** (12) Project Interest Areas and **three** (3) “More Challenges” activities in First Aid In Action. Complete the program in one year. If you do additional “More Challenges” activities, please **check** (✓) the **three** (3) activities you want to be graded. Record in your First Aid in Action notebook the what, when, where, and how you accomplished each selected “More Challenges” activity. Include your notebook with your project book for grading. **(Maximum: 60 points only.)**

	Possible Points	Your Score
Activity 1: Getting the Facts		
___ Designing a family first aid kit (pages 6-7)	<u>4</u>	_____
___ More Challenges activity (page 7)	<u>4</u>	_____
Activity 2: Ouwees and Ouches		
___ Identifying first aid steps of cuts and scrapes (pages 8-9)	<u>4</u>	_____
___ More Challenges activity (page 9)	<u>4</u>	_____
Activity 3: Biting Off More Than You Can Chew		
___ Recognizing the signs of choking (pages 10-11)	<u>4</u>	_____
___ More Challenges activity (page 11)	<u>4</u>	_____
Activity 4: Twist and Turn		
___ Recognizing ways to prevent sprains, strains, and bruises (pages 12-13)	<u>4</u>	_____
___ More Challenges activity (page 13)	<u>4</u>	_____
Activity 5: Going with the Flow		
___ Discovering what causes nosebleeds (pages 14-15)	<u>4</u>	_____
___ More Challenges activity (page 15)	<u>4</u>	_____
Activity 6: Get Outta Here!		
___ Recognizing foreign objects and tools used to safely remove them (pages 16-17)	<u>4</u>	_____
___ More Challenges activity (page 17)	<u>4</u>	_____
Activity 7: Bugged by Bugs?		
___ Understanding how to prevent insect stings (pages 18-19)	<u>4</u>	_____
___ More Challenges activity (page 19)	<u>4</u>	_____
Activity 8: My What Big Teeth You Have		
___ Identifying situations that might provoke bites (pages 20-21)	<u>4</u>	_____
___ More Challenges activity (page 21)	<u>4</u>	_____

Activity 9: Here, There, and Everywhere		
___ Recognizing poisonous products inside and outside the house (pages 22-23)	<u>4</u>	_____
___ More Challenges activity (page 23)	<u>4</u>	_____
Activity 10: Give Me A Break!		
___ Practicing making splints to immobilize broken bones (pages 24-25)	<u>4</u>	_____
___ More Challenges activity (page 25)	<u>4</u>	_____
Activity 11: Playing with Fire		
___ Recognizing burn hazards around your home (pages 26-27)	<u>4</u>	_____
___ More Challenges activity (page 27)	<u>4</u>	_____
Activity 12: Putting It All Together		
___ Putting your family first aid kit together (pages 28-29)	<u>4</u>	_____
___ More Challenges activity (page 29)	<u>4</u>	_____
My Own “More Challenges” activities		
_____	<u>4</u>	_____
_____	<u>4</u>	_____
_____	<u>4</u>	_____
_____	<u>4</u>	_____
First Aid in Action Planning Guide (pages 3-5)	<u>5</u>	_____
Exhibit: (Maximum 15 points only)	<u>15</u>	_____
A poster or educational display on a First Aid In Action activity completed this year or your first aid kit complete with cards plus your “More Challenges” activities notebook and project book.		
Activity Record	<u>20</u>	_____
Total Score	<u>100</u>	_____

Judges Comments: _____

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, political beliefs, sexual orientation, national origin, and marital or family status.

The WVU Board of Governors is the governing body of WVU. The Higher Education Policy Commission in West Virginia is responsible for developing, establishing, and overseeing the implementation of a public policy agenda for the state's four-year colleges and universities.

Reasonable accommodations will be made to provide this content in alternate formats upon request. Contact the WVU Extension Service Office of Communications at 304-293-4222.