



BACKPACKING EXPEDITIONS SCORE SHEET

Complete six (6) required and/or "Reach the Peak" activities in the Backpacking Expeditions Achievement Program each year. Complete the program in three years. If you do additional activities, please check ($\sqrt{}$) the six (6) activities you want to be graded. Record in your Backpacking Expeditions notebook the what, when, where, and how you accomplished each selected "Reach the Peak" activity. Include your notebook with your project book for grading. (Maximum: 42 points only.)

	Possible Points	Score First Year	Score Second Year	Score Third Year
Activity 1: Planning Your Trip Planning a backpacking journey (pages 6-7) Reach the Peak activity (page 7)	<u>7</u> 7			
Activity 2: The Perfect Fit Selecting and adjusting a backpack (pages 8-9) Reach the Peak activity (page 9)	<u>7</u> 7			
Activity 3: Gathering Group Gear Selecting backpacking group gear (pages 10-11) Reach the Peak activity (page 11)	<u>7</u> 7			
Activity 4: Tent Tactics <u>Selecting backpacking gear (pages 12-13)</u> Reach the Peak activity (page 13)	<u>7</u> 7			
Activity 5: Sleeping Lightly Selecting and designing non-tent backpacking shelters (pages 14-15) Reach the Peak activity (page 15)	<u>7</u> 7			
Activity 6: The Weight Is Right Choosing food for backcountry adventures (pages 16-17) Reach the Peak activity (page 17)	7			
Activity 7: Food for Thought Planning food supplies for backpacking trips (pages 18-19) Reach the Peak activity (page 19)	<u>7</u> 7			
Activity 8: Share the Load Accepting campsite responsibilities (pages 20-21) Reach the Peak activity (page 21)	7			

Activity 9: Leave No Trace in Your Place			
Adapting Leave No Trace to different environments (pages 22-23)	7		
Reach the Peak activity (page 23)	7		
Reach the Feak activity (page 25)	/		
Activity 10: Fun with Backpacking Pyramid			
Learning outdoor adventure terms (pages 24-25)	7	. <u></u>	
Reach the Peak activity (page 25)	7		
Activity 11: Train for the Trail			
Getting in shape (pages 26-27)	7		
Getting in shape (pages 20 27) Reach the Peak activity (page 27)	7		
Reach the Feak activity (page 27)	/		
Activity 12: Finding Your Way			
Using a map and compass (pages 28-29)	7	<u> </u>	
Reach the Peak activity (page 29)	7		
Activity 13: Sending a Message for Help			
Learning emergency procedures (pages 30-31)	7		
Reach the Peak activity (page 31)	7		
My Own "Reach the Peak" Activities	_		
Destropting Expeditions			
Backpacking Expeditions	6		
Planning the Journey (page 3)	6	<u> </u>	
Achievement Program (page 4)	<u> </u>		
Exhibit: (Maximum 30 points only)	30		
plus your "Reach the Peak" activities notebook			
and project book.			
and project book.			
Exhibit ideas include poster or display on topographic			
maps, backpacking trip plan, hiking conditioning,			
camping adventures video, tent repair kit, purchasing			
a tent and supplies, backpacking food recipes,			
or camp layout.			
or earlip layout.			
Activity Record	20		
Total Score	100		
Judges Comments:			

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, political beliefs, sexual orientation, national origin, and marital or family status.

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