Upshur County Annual Report 2018

Putting Knowledge to Work!

The West Virginia University Extension Service works to provide solutions in your community through key programs and resources, including agriculture and natural resources; 4-H and youth development; food and nutrition; health and wellness; financial planning; and home gardening. These research-based programs and services are available to all Upshur County residents thanks to the tremendous support of our community members, local organizations, volunteers and local partners, including the Board of Education and County Commission.

4-H/Youth Development

Activities:

Camping
- 88 youths attended Upshur Younger 4-H Camp
- 73 youths attended Upshur Older 4-H Camp
- 24 youths ages 5-8 attended inaugural Upshur County Cloverbud Day Camp

4-H School-Based Programs
- 29 6th and 7th grade students participated in “CryptoClub,” a classroom-based activity involving ciphers and code-breaking

Traditional 4-H Programming and Clubs
- 10 Community based 4-H clubs
- 215 4-H members enrolled

Special Interest Programs
- Upshur County 4-H Teen Leader Association:
  - 21 high-school aged 4-H members
  - 9 youths completed “4-H Leadership” projects and were awarded a 4-H “letter” to place on school jacket

4-H Youth Development Highlights:
- 4-H Shooting Sports
  - Maintained an archery program in collaboration with the Archery in The Schools Program
    - 188 active participants in club setting
    - More than 1,500 participants in school physical education enrichment program
Agriculture and Natural Resources

Gardening/Local Foods

- 18 Farmers Market vendors
- Soil Testing Your Garden presentation to 22 attendees
- Intro to Gardening presentation to 22 participants
- 4 adults attended WIC and Senior Voucher training
- Strawberry Festival Berry Auction:
  - Statewide participation included 11 youths and 5 adults
  - $10,730 in sales with all proceeds going directly to growers

Agriculture

- Meet Your Forester: 22 adults attended
- Winter Tree ID Workshop: 27 adults and 2 youths participated
- Hay & Silage Show: 26 entries sent in to be evaluated at no cost to producers
- Upshur County Livestock Association: 63 members
- Soil Samples: 90+ samples sent in for testing at no cost to producers
- Pesticide Recertification Video included 7 participants who received certification credits
- Poultry Litter Research Project

Youth Livestock and Agriculture (4-HYD and ANR)

- 2018 Show and Sale had 37 youth exhibitors
  - 65 projects (livestock, eggs and honey)
  - More than $76,000 in sales
- 5 youths participated in Beef Expo Judging Team
- Ag at the Schools Day: 310 youths and 25 adults participated
- Progressive Agriculture Safety Day reached all Upshur County 4th and 5th graders (total of 515 youths and 30 adults)
- Pre-K Gardening Sessions: 20 youths and 3 adults participated
- Careers in Agriculture presented to 74 5th graders

Families and Health

CEOS Program

- 9 clubs with 185 members
  - More than 128,000 hours of volunteer service provided to Upshur County community
  - Hosted annual Breast Cancer Awareness event with 52 in attendance