



Drying Project Manual Pilot Project Score Sheet

For each year of this project book, you will need to:

- Complete *My Plans* on page 5
- Complete *MyPlate worksheet* on pages 7-8
- Complete a demonstration for the *Show What You Have Learned* section on page 39
- Complete the *Reflections on Drying* on page 39
- Complete 4 activities between pages 9 and 38. After 3 years in this project manual, you should have completed a total of the 12 activities.
- Complete your project exhibit

| | Possible Points | Score Year 1 | Score Year 2 | Score Year 3 |
|---|-----------------|--------------|--------------|--------------|
| Completed these two sections every year: | | | | |
| My plans (p. 5) | 5 | _____ | _____ | _____ |
| MyPlate Worksheet (p. 7-8) | 5 | _____ | _____ | _____ |
| Choose 4 activities from this section each year <i>(continues on next page):</i> | | | | |
| __ Reading Food Labels (p. 9-10) | 5 | _____ | _____ | _____ |
| __ Let's plan a menu (p. 11) | 5 | _____ | _____ | _____ |
| __ Let's make trail mix (p. 26) | 5 | _____ | _____ | _____ |
| __ Let's make fruit leather (p. 27) | 5 | _____ | _____ | _____ |
| __ Let's make a berry cobbler (p. 28) | 5 | _____ | _____ | _____ |
| __ Let's make peanut butter and fruit spread (p. 29) | 5 | _____ | _____ | _____ |
| __ Let's make granola (p. 30) | 5 | _____ | _____ | _____ |
| __ Let's make vegetable soup (p. 31) | 5 | _____ | _____ | _____ |
| __ Let's make a vegetable leather (p. 32) | 5 | _____ | _____ | _____ |
| __ Let's dry herbs (p. 33) | 5 | _____ | _____ | _____ |



| | | | | |
|--|----------|-------|-------|-------|
| __ Conduct a taste test (p. 34) | <u>5</u> | _____ | _____ | _____ |
| __ Label your product (p. 35) | <u>5</u> | _____ | _____ | _____ |
| __ Going Further: Create Your Own Activity (p. 36) | <u>5</u> | _____ | _____ | _____ |
| __ Make a Menu Plan (p. 37) | <u>5</u> | _____ | _____ | _____ |
| __ Read and Make Nutrition Labels (p. 38) | <u>5</u> | _____ | _____ | _____ |

Completed these sections every year:

| | | | | |
|--------------------------------------|-----------|-------|-------|-------|
| Show what you have learned (p. 39) – | <u>10</u> | _____ | _____ | _____ |
|--------------------------------------|-----------|-------|-------|-------|

*Each year demonstrate to your project helper, leader or club. Maximum 10 points each year. ***Have your project helper or club leader score, initial and date each completed demonstration.*

| | | |
|----------|----------|----------|
| _____ | _____ | _____ |
| Initials | Initials | Initials |

| | | | | |
|-------------------------------|-----------|-------|-------|-------|
| Reflections on Drying (p. 39) | <u>5</u> | _____ | _____ | _____ |
| Exhibit | <u>25</u> | _____ | _____ | _____ |

Exhibit idea: Display one of the activities you completed this year. A poster or display about the product and pictures of you completing that activity would be helpful as well.

| | | | | |
|-----------------|------------|-------|-------|-------|
| Activity Record | <u>20</u> | _____ | _____ | _____ |
| Total Score | <u>100</u> | _____ | _____ | _____ |

Judge's Comments:
