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TRI-COUNTY 4-H CAMP REGISTRATION

TO: Morgan County Youth

DATE: April 1, 2019

We hope you will consider a week of **Tri-County 4-H Camp** this summer. It's fun -- swimming, sports, bunk beds, games and new friends! We've been hosting 4-H camps for 90-years, so we have a proven record of excellence. Over 500 4-H'ers will be there this year and we hope **YOU** will be too!

Camp Frame is located three (3) miles west of Hedgesville, WV on State Route 9. The Camp is operated and maintained by the 4-H programs of Berkeley, Jefferson and Morgan Counties.

Please adjust your summer schedule to "stay in camp" full time. Attending a week of 4-H Camp is a great learning experience for a young person. The decision to attend 4-H camp should be carefully thought out and discussed between parents and 4-H'ers. You should commit for the full week; that means no signing out or leaving camp. If you cannot, you may need to reconsider 4-H camp this year. Campers are expected to remain at camp all week and attend closing council circle unless an emergency arises.

Tri-County Camp Dates and Age Divisions

The WVU Extension Service 4-H Camping program has strict guidelines for age divisions.

Attendees **MUST BE 9 years old** by October 1st 2019 and **MAY NOT BE older than 21** during the week of camp.

Older: June 10-14 - Ages 15 to 21 - No Late Registrations or Walk-Ins!

Intermediate: June 17-21 - Ages 12 to 14

Younger: June 23-27 (Sunday-Thursday) - Ages 8 to 11

ALL Participants who will be 18-21 years old as of the first day of Camp are required to complete additional paperwork and training including the following:

- Completion of Protecting our Children training through WVU with certificate on file
- Completed Harassment training through WVU with certificate on file
- Completed and cleared background check through WVU (19-21 year olds)

Camp registration is conducted on a first-come, first-served basis. Tri-County Camps will register no more than 175 campers per week. When the maximum number has registered for each camp, additional registrations cannot be accepted.

Reasonable Accommodations: If your child requires disability-related accommodations in order to participate in this 4-H camp or event, please contact Jill Hess, ADA Coordinator at 304-293-5600. A copy of your child's Individualized Education Plan (IEP), Section 504, or other appropriate documentation is required to determine reasonable accommodations. Personal Attendant Services are not provided by WVU Extension or 4-H, but the use of a personal attendant will be authorized to ensure the full participation of your child, if needed. A personal attendant may be necessary in some instances, such as to provide toileting needs, GI tube feeding, injectable medications, or if your child requires 1 to 1 behavioral supervision. Please contact Jill Hess for additional information. **All accommodation requests should be made as far in advance as possible, as the accommodation process may take time to complete.

Camp Health Care: All three Tri-County camps will have a Registered Nurse on site for the duration of the program to help provide health care and/or first aid.

Tri-County 4-H Camp is governed by WVU Extension Service and conducted under, and in compliance with, WVU Board of Governor's Rule 1.7 "Rule on Child Protection".

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, political beliefs, sexual orientation, national origin, and marital or family status.

To Register for Tri-County 4-H Camp:

Read, complete and/or sign the following:

- Registration Form
- Health Form
- Media Release
- Consent and Permission to Participate
- Camp Rules and Policies Statement
- Code of Conduct
- Member Consequences Statement
- Younger and Intermediate Camps Class Choices (Older campers will choose classes during check in)

Enclose Payment: ALL Camps: Includes Class Fees, Camp Photo and Tee Shirt

- > Enrolled 4-H Members
 - \$65 for Younger and Intermediate camps if postmarked or received by May 1.
 \$125 after May 1.
 - \$75 For Older camp if postmarked or received by May 1 / \$135 after May 1.
- Non Members
 - \$125 for Younger and Intermediate camps
 - o \$135 for Older camp

Make checks payable to: Morgan County 4-H Leaders Association Check or Money Order only - no cash accepted!

Camp Scholarships - registration postmarked or received by May 1.
\$30 scholarship from Morgan County 4-H Leaders Association for all Morgan County campers
\$30 scholarship for first year members or members who completed their project and exhibited at the Morgan County Expo in
August 2018. Only enrolled 4-H members are eligible.

Completed registration form and camp fee must be postmarked or received at the Extension Office

no later then May 1st to receive these scholarships.

If you miss the due date, you will forfeit these scholarships.

1. Return the completed packet to:

WVU Morgan County Extension Service 80 War Memorial Trail, Suite C Berkeley Springs, WV 25411

- **Older and Intermediate Campers**: The earlier you return your camp registration packet and fee, the earlier you will check in on camp registration day. Registration times are based on the date you return the form.
- **Everyone** who registers for camp will receive further information including their registration time, if applicable, via mail.
- **Camp Fee Refund:** No refund will be accepted after 9:00 a.m. the Monday one week prior to the opening day of the camp you will be attending.
- Final registration day will be when camp has reached capacity or June 1.
 For participants ages 19-21, the final day is May 15 no late registrations or walk-ins will be accepted.
- If your 4-H club is paying all or part of your camp fee, they are to pay you directly. Check with your 4-H leader or your Extension Agent if you need financial help to attend 4-H camp. No one will be denied the opportunity to attend 4-H camp due to lack of funds.

^{**}If you are 18 or older and are unsure of your vetting status please contact the Extension Office

Tribal Information

Delaware

- Thunderbird Voice of the Chief, who speaks seldom, but the tribe follows
- Rattlesnake The fighting spirit of the tribe
- Drum The council and law of the tribe
- Ancient Cross Symbol of friendship, luck and courtesy
- Wildcat A native of WV Quickness & tenacity.
- Tribal Color Black



Cherokee

- Star & Crescent Eagerness in pursuing Cherokee ideas
- Ox Cunningness & wisdom
- Two Doves Harmony & grace of the tribal song
- Teepees Tri-County 4-H including Morgan, Jefferson & Berkeley counties
- Pine Tree Spirit of fellowship and worship
- Indian Face Culture and historical background
- Arrows Friendship and protection
- Peace Pipe & Teepees Friendliness & hospitality
- Totem Figure Loyalty and Strength of the tribe
- Tribal Color Orange



Mingo

- Bear Strength, Cunningness & Bravery.
- Totem Figure The spirit of fun & festivity
- Owl Wisdom
- Snake Doctor A symbol combining a dragonfly and a face to represent health
- Teepee & Tomahawk fighting spirit to defend tribal hunting grounds and villages
- Indian The Indians who once lived in the hills of West Virginia
- Tribal Color Red



Seneca

- Turtle Sturdiness & perseverance
- Thunderbird The warlike spirit of the tribe
- Totem Figure Social life and fun of the tribe
- Crossed Tomahawks The fierceness of the tribe
- **Teepees** Love Indians have for their homes
- Raccoon Hunting activities of the tribe
- Bird Faithfulness and love
- Small Turtle Weaker members of the tribe in the arms of the totem
- Tribal Color Green



Join us for a First Time Camper/parent orientation on May 18, 2019 2:30 pm at Camp Frame

The Camper's Packing Checklist

* These items should not be the family's best as they may get quite dirty or misplaced.				
	Sleeping bag or bed sheets for a twin-size bed		_ P.J.'s	
	_ Blanket		_ Sweat shirts	
	Pillow with pillow case		_ Short pants (5 pairs)	
	_ Towels (2 or 3)*		Long pants/jeans (2 or 3 pairs)	
	Wash clothes (3 or 4)*		_ Comfortable shoes (preferably sneakers)	
	Soap & shampoo		_ Sunscreen	
	Toothbrush & toothpaste		_ Hat	
	_ Deodorant		Pre-addressed, pre-stamped postcards or	
	Comb and/or brush		envelopes (in a zip-lock bag)	
	Extra pillow case, laundry bag, or large trash bag (For dirty laundry)		_ Socks (5 or 6 pairs)	
			_ Undergarments (5 or 6 pairs)	
	Insect repellent		_ Extra pair of shoes	
	Flashlight with fresh batteries		_ Swim wear (hemmed, no cut-offs)	
	Rain coat or poncho		Beach towel or other towel for the pool	
	_ Umbrella		Pool shoes (shoes that can be worn around and	
	T-shirts		in the pool area, and in the shower area)	

** All items should be labeled with camper's name if possible**

DO NOT PACK: Radios, CD players, stereos, televisions, portable video games, IPods, cell phones, pagers, 2 way radios or walkie-talkies, food, expensive clothing or jewelry, hair dryers or curling irons

Fill Out Your Registration Forms

Print them, complete and mail or drop off to:

WVU Morgan County Extension office at 80 War Memorial Trail, Suite C Berkeley Springs, WV 25411

We <u>cannot</u> accept incomplete forms, forms without parent/guardian/camper signatures or forms without payment. **See you at Camp!**







OFFICE USE ONLY
Date Received:
Time Received:
Amount Paid:

MO/Check #:_

2019 TRI-COUNTY 4-H CAMP REGISTRATION FORM

SCHOLARSHIP DEADLINE May 1, 2019

Older: June 10-14 (Ages 15-21 Monday-Friday)	Interm (Ages12-14 Mond			Younger: Juges 8-11 Sunday-Thur			
Name	me Name for nametag						
Address			City_		ZIP		
Male Female	DOB _		Ag	ge (1 st day of cam	o) Grade _		
I live in		County.	This will be	e my year	at Tri-County 4-H Ca	ımp.	
My 4-H Club is:							
Please choose Tee Shirt Size:	Child Small Adult Medium		J				
My Tribe is		***If y	ou are unsure of	your tribe, please see t	he enclosed Tribal Informatio	on Sheet	
Leadership: Have you been Ch	nief?No	Yes - Year	/	Sagamore?	No Yes - Year_		
Please list below, in CALLING	ORDER, 3 contact	ts in case of an e	mergency co	oncerning your ch	ild		
1. Name				Phone			
2. Name				Phone			
3. Name				Phone			
Email address							
	This section is Please note do our best to accome	ote top bunks are modate your request	or Younger (e equipped wi s; however, cab	Campers ONLY ith side rails oins and bunks will b			
Bottom Bunk Only: Yes						ials)	
Name of ONE friend you w							
CAMP FEE includes: Photo, Lo	odging, Food, Insu	ırance, Tee Shirt	and Class Fe	ees.			
		CAMP FEE (\$	125 Younge	r/Intermediate O	R \$135 Older): \$		
	\$30 Morgan Co	ounty 4-H Found	ation Schola	rship if postmark	ed by May 1: \$		
\$30 First `	Year 4-H Membe	r or 2018 Expo E	xhibit Schola	rship if postmark	ed by May 1: \$		
			DONATIO	ON TO HELP OTHE	R CAMPERS: \$ +		
				ТОТ	AL ENCLOSED: \$		

Make check or money order payable to Morgan County 4-H Leaders Association. Return completed form and fee to: WVU Morgan County Extension Service, 80 War Memorial Trail, Suite C, Berkeley Springs, WV 25411

Swimming Release: My child has permission to participate in swi	imming under lifeguard supervision.
Parent/Guardian Signature:	Date:
Media Release: My child has permission to have their picture take releases that pertain to 4-H camp and 4-H promotion.	
Parent/Guardian Signature:	Date:
Consent & Permission to Participate at Tri-County	4-H Camp
I give permission for my child, to participation in this activity is strictly voluntary and is not a requirement for participation in this activity is strictly voluntary and is not a requirement for at Camp Frame. Activities involved in camp will include living in a cabin, short a cabin, short and include living in a cabin, short and in the participation in this activity is strictly voluntary and is not a requirement for the camp will include living in a cabin, short and short an	participate in the 2019 Tri-County 4-H Camp haring bathroom facilities with other and outdoor cooking. Attending camp may a the above activities. I also understand that
I am aware and have discussed with my child that:	
 Being in and around water, forests and participation in camp active and beyond cleaning and/or repair; Hiking on trails in the woods or fields may give rise to risk of injury ground on which the hiking occurs; 	•
 Participation in sporting/recreational events may give rise to injur equipment or another person or sudden falls; Other participants may act in a negligent manner which otherwise Swimming may lead to injury caused by slippery surfaces, contact water; 	e may result in harm to my child;
 6. While participating in educational classes and activities campers in learning new skills. I recognize that the above outlined activities and potential resulting risk mor loss to participants or other persons in the immediate vicinity. 	
I understand that my child is not required to participate in these activities, to do so, despite the possible risks. I recognize that by participating in this activity, my child may risk personal injury. I hereby attest and verify that I I have full knowledge of the risks involved in this activity, and that I assum may be incurred in the event of an accident, illness or other incapacity, regauthorized such expenses.	activity, as with any physical have been advised of the potential risks, that is any expenses that
Parent/Guardian Printed Name:	
Parent/Guardian Signature:	Date:
Camper Printed Name:	
Camper Signature:	Date:
Tell us about your child Please share with us anything we need to know to ensure that your child h	nas a wonderful week at camp.

RULES WHILE ATTENDING TRI COUNTY 4-H CAMP

- 1. Campers are not permitted to leave Camp Frame. Campers are expected to remain at camp all week and attend closing council circle unless an emergency arises. In such cases, permission from the Camp Director must be obtained. All campers must "sign in and out".
- 2. If a camper brings a vehicle to camp, they will be given parking instructions. All vehicles must be parked in designated areas, and are "off limits" while camp is in session. Teens that drive to camp must provide their car keys to the camp director for the duration of camp.
- 3. No visitors are allowed during the week at camp, unless approved in advance by the Camp Director.
- 4. Campers should not bring valuables to camp. The staff will not be responsible for any articles brought to Camp Frame.
- 5. Campers will be charged the cost for any physical facility damage they cause.
- 6. Do NOT move into dormitories before you check-in.
- 7. Cell phones, walkie-talkies, pagers, laptops and other wireless electronic devices for sending and/or receiving communication messages or images are not permitted at 4-H camp. Do NOT bring cell phones or cameras to camp.
- 8. No pets may be brought to 4-H Camp. Service animals must be on a leash.
- 9. Knives, firearms or explosives (fireworks, ammunition, etc.) will not be permitted on the camp property. No weapons are allowed.
- 10. All medicine prescription and over the counter must be given to the camp nurse at registration.
- 11. The use, consumption or possession of alcoholic beverages, liquor, beer, including non-intoxicating beer, and unlawful items, such as illegal non-prescription drugs, is not permitted at 4-H Camp.
- 12. Smoking, use or possession of tobacco products is not permitted at 4-H Camp.
- 13. Campers are expected to use the "Rule of Three" while attending 4-H Camp and to stay in approved areas while on the camp property.
- 14. Campers are not permitted in cabins unless adult camp staff are present. Girls' cabins are off limits to boys and Boys' cabins are off limits to girls.
- 15. Campers are not allowed out of the cabins after lights out.
- 16. Swimming is permitted at the pool only when a lifeguard is on duty. Archery/Rifle ranges are only used with proper qualified supervision.
- 17. Shoes, shirt, pants/shorts/skirt, must be worn at all times (except in the pool area). Shoes must be worn at all times OUTSIDE.

4-H Camp Harassment Policy: Tri-County 4-H Camp recognizes that a person's right to freedom from discrimination includes the opportunity to work and camp in an environment untainted by harassment. Offensive speech and conduct are wholly inappropriate and intolerable at Tri-County Camp. Harassment includes all unwelcome advances, written or verbal innuendoes, threats, insults, or disparaging remarks concerning a person's gender, national origin, race, creed, color, ancestry, age, sexual orientation, veteran status, physical or mental disability, or religious beliefs.

In addition to the above, sexual harassment is defined as unwelcome sexual advances, requests for sexual favors, and conduct of a sexual nature. Any camper or staff member who has a question or concern regarding any type of discrimination or harassment is encouraged to bring it to the attention of their Camp Director. Campers and Staff are to use the Rule of Three while attending Tri-County 4-H Camp.

- **4-H Camp Prank and Hazing Policy:** Due to the fact that every camper has the right to a safe, secure and fun week at camp, no camper or staff will willfully prank or haze another person at camp. Items used for this purpose include, but are not limited to, water balloons, shaving cream, tape (etc.) If a camper is caught using these (for this purpose) they are subject to consideration for going home.
- **4-H Camp Dress Code Policy:** Campers are expected to dress appropriately while at camp. Campers are not allowed to wear offensive clothing, clothing bearing offensive language or symbols, jewelry, or items that are disparaging to others.
- 4-H Camp Music Policy: All music played or used at Tri-County 4-H Camp will be "radio edit" only.

Camper Code of Conduct

The West Virginia 4-H program expects participants to behave in an acceptable manner and in accordance with the West Virginia 4-H Member Code of Conduct. Campers must agree to conduct themselves honorably while at camp and to accept the supervision and support of the Camp Director and staff while at camp. Campers are expected to be courteous, respectful and exhibit good sportsmanship while at 4-H Camp. Campers will follow the rules, policies and guidelines of Tri-County 4-H Camp. Campers will not abuse any camp participant (camper or staff) by physical or verbal means.

Member Consequences

Unacceptable behavior during 4-H Camp will result in consequences to the participant that may include:

- 1. Early release from Camp without refund.
- 2. Restitution or repayment of damages.
- 3. Denial of future participation in the 4-H Camping program at the local, state and national levels for one or more years.
- 4. Releasing the youth to the appropriate law enforcement agency and/or the proper authorities.

NOTE: Any conduct not specifically covered by this Code of Conduct, or the Policies and Rules stated above, but deemed inappropriate by those responsible for the 4-H Camp, will be viewed as a violation and appropriate action will be taken. If an infraction occurs, the Camp Director will provide appropriate communication to parents/guardians.

Signature(s) (Both signatures are required for participants under 18 years old.)

Participants Printed Name: ______

I have read and understand the above "Rules While Attending Tri County 4-H Camp", Policy Statements and "Code of Conduct". I will abide by the expectations described and I understand that if I act inappropriately I will have to accept responsibility for my actions that may result in the consequences listed above.

Participant Signature:	Date
I have discussed and reviewed the "Rules While Attending Tri County with my child. I understand that failure to abide by these expectation includes no refund. In the event that these rules, polices or codes are up my child at the request of the Camp Director.	ns may result in the consequences listed above which
I further understand that if I refuse to pick up my child, am unavailar child, the Camp Director may contact law enforcement or social serv services. I acknowledge responsibility for all fees/charges that may r	vices to provide necessary protection for a child in need of
Parent/Guardian Signature:	Date



4-H Health Form

Provide complete information and return this form with event registration. At event arrival, update information with health personnel.

PARTICIPANT INFORMATION Name: Last First Home Address: Gender: Birth Date: / Age at Event: Custodial Parent/Guardian: Home Address (if different from above): Home Phone: _____ Cell Phone: _____ Other: _____ **EMERGENCY CONTACT INFORMATION** Name 1: ______ Relationship: _____ Home Phone: Cell Phone: Other: Name 2: ______ Relationship: _____ Home Phone: _____ Cell Phone: _____ Other: _____ **INSURANCE INFORMATION** Is the participant covered by family medical/hospital insurance? ☐ Yes ☐ No If so, name of insurance company: _____ Group #:____ Name on Insurance Card: Phone: PHYSICIAN INFORMATION Physician's Name: _____ Phone: ____ ALLERGY INFORMATION Do you have any allergies? ☐ Yes ☐ No If yes, do you carry epinephrine, such as an Epi-Pen? ☐ Yes ☐ No If yes, have you ever been hospitalized for these allergies? □ Yes □ No Describe your allergies, including severity and other pertinent information:

MEDICATION INFORMATION

Medication can only be dispensed from its original container. Ziploc bags, other bottles, bottles printed with someone else's name or any other type of container besides the original will not be accepted. Medication must be clearly labeled with the participant's name, medication name, dosage and instructions. Medications must and will be administered according to the actual dosage listed on the bottle, unless there is a written note from the prescribing physician outlining different instructions for the administration of medications. My child will be taking medications during this event. \Box Yes \Box No Name of medication Date started Reason for taking it When it is given Amount/dose given How it is given I give permission for common over-the-counter (non-prescription) medication and health care items to be administered to my child as needed to manage illness and injury.

Yes
No OTHER PERTINENT HEALTH INFORMATION Does your child have any mental health needs that may interfere with them fully participating in this event? Is there any additional information about your child's health that you think is important or that may impact their ability to participate in this event? ACCURACY STATEMENT I understand that while all reasonable efforts will be made to provide a safe environment, certain risks are involved. In consideration for the opportunity to participate in the activity, I understand the state of West Virginia, West Virginia University, its Board of Governors, officers, employees, agents and volunteers are not liable in case of accidental injury or illness. I hereby further understand that in case of serious injury or illness, I will be notified. If it is impossible to contact me, I hereby give permission for emergency treatment or surgery as the attending physician recommends. This health form is correct and complete as far as I know, and the person herein described has permission to engage in all event activities except as noted. I hereby give permission to the event to provide routine health care, administer prescribed medications and seek emergency medical treatment, including ordering x-rays or routine tests. I agree to the release of any records necessary for treatment, referral, billing or insurance purposes. I give permission to the event to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the event to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of the event. Signature of Parent/Guardian: Date:

2019 Tri-County Younger 4-H Camp Classes

You will have 2 classes each morning. Number your 1st through 5th choices.

Mark a minimum of 5 choices as most classes have size limits and many fill up early.

PARENTS - PLEASE HAVE CAMPER COMPLETE THIS PAGE.

CAMPER NAME:
Sports: Football, soccer, volleyball, and kickball. Each day you can try a different sport
STEM: Get to do some amazing creative Science activities with our STEM ambassador
Painting: Learn how to paint an amazing picture while listening to classical music
Drawing: Draw, discuss, read, and enjoy time with those who love art
Archery: Learn the skills of archery (Certified Shooting Sports Instructor)
Classic Cross Stitch: Create a permanent camper name tag
Friendship Bracelets: Learn how to make beautiful friendship bracelets
Line Dancing: Learn and enjoy line dancing
Lego Building: Learn the skill and art of Lego Building
Unknown Fun: Arts, crafts and group games
Read and Relax: Bring a favorite book and relax in the shade enjoying reading
Wonderloom: Create a wonderful craft with a wonderloom
Swimming: Learn to swim and learn about water safety
Quidditch: Learn to play the magical game of Quidditch
Bird Watching and Wildlife: Learn the basics of bird watching and enjoy time outdoors
Beads: Beautiful art made with beads
Pokemon Card War: Have fun playing pokemon cards with your camp friends

Tri-County Intermediate 4-H Camp Classes

You will have 2 classes each morning. Number your 1st through 5th choices.

Mark a minimum of 5 choices as most classes have size limits and many fill up early.

PARENTS - PLEASE HAVE CAMPER COMPLETE THIS PAGE.

Due to popularity and limited class sizes, campers will be assigned either air rifle **OR** archery. No one will be assigned both classes. You may mark both classes in case your first choice is full, just be sure your first choice of these 2 classes is listed as #1.

CAMPER NAME:
Air Rifle
Animal Health and Veterinary Care: Hands on activities relating to animal care
Anime + Manga: Drawing, discussing, enjoying
Archery
Dance the Day Away: Classic camp line and folk dances and some modern ones too!
Decorative T-shirt: Create and design a t-shirt using fabric pieces and patterns
Hiking: A little walking, a little digging on the new trail and a little conservation fun.
Jam with Sam: karaoke and camp songs
Lacrosse: Basics and fundamentals of this increasingly popular sport
Make your own masterpiece with Barb
Outdoor Cooking: What can you make on a grill?
Outdoor Sports 1 st period: Campers will choose daily from the sports available at Camp Frame field sports, softball, disc golf, volleyball, basketball, nine square, gaga
Outdoor Sports 2 nd period: same as 1 st period
Pokémon Card War
Quidditch: Rules, positions, gameplay and then lets play!
Read N Relax: Bring your favorite book
Sign Language
STEM: Fun with the Camp STEM Ambassador
Slide Show: Take pictures & create the slide show for Friday
Swimming