



WEST VIRGINIA 4-H RESUME



Use this form for applying for consideration for trips to National 4-H Congress in Atlanta and National 4-H Conference in Washington, D.C.

Name			County
Street Address			City
			Zip Code
Home Phone	Mobile Phone	Grade in School	Place of Home Residence Check one: ___ Farm (# of acres _____) ___ Town under 10,000 or open country ___ Town or city of 10,000 to 50,000 ___ Suburb of city over 50,000 ___ Central city of over 50,000
Age	Birthdate	Gender	
4-H Club Name		Years in 4-H	
Name of Parent(s)/Guardian(s)		E-mail Address	

I Plan to attend Older Members Conference in June. ___ YES ___ No
 ___ I will be available to interview during Older Members Conference in June 16-22, 2019
 ___ In Person ___ via conference call. (dates available _____)
 ___ I will not be available to interview during Older Members Conference in June

I personally have prepared this report and certify that it accurately reflects my work in 4-H.

Signature of 4-H'er	Date

We have reviewed this report and believe it to be accurate.

Signature of Parent/Guardian	Date
Signature of Local 4-H Club Leader	Date
Signature of County Extension Agent	Date

4-H Resume Instructions

The 4-H Resume is an application for opportunities to represent West Virginia at national 4-H events. Your submission should include the standard cover page with applicable signatures and 10 additional pages (described in the sections below) inserted into a binder or report cover of your choice. Please include the following three sections to document your 4-H experiences:

RESUME – This section should look similar to a professional resume. 10 or 12-point font and one-inch margins on all sides is recommended (not required). On three (3) single-sided pages, you should include the following information:

- 4-H projects you have completed each year and what you learned from each project. List any awards and recognition you may have received for each project.
- Participation in 4-H activities at the local, county, state, and national levels. Include dates (at least the year) and how you were involved in organizing or leading an activity when applicable. List any awards or recognition you may have received during these activities.
- Participation in community service projects and what you learned from each project. Include dates (at least the year) and how you were involved in organizing or leading a project when applicable.
- Participation in extracurricular activities at school or in the community. Include dates (at least the year) and indicate any significant roles, responsibilities, or recognition.

PHOTOGRAPHS – This section provides visual evidence of your 4-H experiences. On three (3) single-sided pages, you should organize 4-6 photos per page, keeping in mind the following:

- You must be in each of the photos. If the photo includes other people, use an arrow or other indicator to point yourself out.
- Write a brief caption that describes the date (at least the year), location, and scene in each photo.
- Photos that show you actively participating or leading activities across all of your years in 4-H are preferred. Select a variety of settings that are a good representation of your 4-H experience.

STORY – This section should expand upon the activities and experiences you shared in the resume and photographs. 10 or 12-point font is recommended, with one-inch margins on all sides. On four (4) single-sided pages, your story should include the following topics:

- Introduction of yourself and your family, where you live, your local 4-H club, etc.
- When you joined 4-H and why.
- Your favorite 4-H experiences, such as a successful project, meaningful event, important lessons learned, etc.
- Your biggest 4-H challenge and how you overcame it.
- Your opinion about the best parts of 4-H and areas where 4-H could make improvements.
- How being in 4-H has affected you and your plans for the future.
- Why you want to represent West Virginia 4-H at national events.

INTERVIEW – You will be interviewed by a pair of judges at Jackson's Mill State 4-H Conference Center during Older 4-H Members Conference in June. A representative of WVU Extension will contact you to schedule.

SCORING

Resume	30 per cent
Photographs	10 per cent
Story	10 per cent
Interview	50 per cent