

# Certified Safety Specialist (CSS) – Oil and Gas Program

## Certified Safety Specialist (CSS) – Oil & Gas Program Features:

- National Resource Center- OSHA Region Training Center Programs.
- Content is based largely on nationally recognized OSHA Education Center numbered courses and industry driven subject matter delivered by recognized faculty with applied perspective.
- Participants receive individual certificates for each course completed.
- Comprehensive program certificates and office plaques are awarded once all requirements are met.
- Graduates will be listed in our “who’s-who” page of certificate program graduates.
- Continuing Education Units (CEUs) are given for the courses which may fulfill continuing education requirements for specific professions.
- Become an OSHA Authorized Instructor, IADC RigPass/SafelandUSA Instructor and Hydrogen Sulfide Awareness Instructor.



## Certified Safety Trainer (CST) Oil & Gas

(Must hold the Certified Safety Specialist to apply for Certified Safety Trainer Graduation)

**TRAINING CORE COURSES- 23 hours, both required**

- IADC RigPass/ SafelandUSA Trainer Course (8)\*
- OGTAC 300 Hydrogen Sulfide Awareness Train-the-Trainer (15) \*\*

\*Must meet all SafelandUSA Instructor Criteria

\*\* Must be a SafelandUSA Instructor and/or OSHA Authorized Outreach Trainer

**ELECTIVES (Complete at least one) (Min. of 18 hours)**

- OSHA 501 Trainer Course in OSHA Standards for General Industry (26)\* or
- OSHA 500 Trainer Course in OSHA Standards for the Construction Industry (26)\* or
- OSHA 502 Trainer Update Course for General Industry (18) or
- OSHA 503 Trainer Update for Construction Industry (18)

\* Other prerequisite may apply

## Certified Safety Specialist (CSS) – Oil and Gas

One Core Course and any elective courses completed at other OSHA Education Center will be accepted

### OIL & GAS CORE COURSES- 72.5 hours

- OSHA #5810 Standards based course for Oil and Gas Industry (30 hours)
- OSHA #7500 Introduction to Safety and Health Management (5.5)
- OSHA #7505 Introduction to Incident (Accident) Investigation (7.5)
- OSHA #7105 Evacuation and Emergency Planning (4)
- OSHA #7845 Recordkeeping Rule Seminar (4)
- OSHA #7205 Health Hazard Awareness (6)
- SafelandUSA Training (8)\*
- OGTAC 300 Hydrogen Sulfide Awareness (4)
- OGTAC 301 Job Safety Analysis JSA (4)
- OGTAC 302 Introduction to Oil and Gas Electrical Safety Requirements (7.5)

\*SafelandUSA will be accepted from outside sources

### ELECTIVES (Complete 2 or more) (Min. of 52 Hours)

- #511 Occupational Safety and Health Standards for General Industry (26 hours)
- #510 Occupational Safety and Health Standards for Construction Industry (26)
- #521 OSHA Guide to Industrial Hygiene (26)
- #2015 Hazardous Materials (26)
- #2045 Machinery and Machine Guarding (26)
- #2225 Respiratory Protection (26)
- #2255 Ergonomics (18)
- #2264 Permit-Required Confined Space (20)
- #3015 Trenching/Shoring (20)
- #3095 Electrical Standards (26)
- #3115 Fall Protection (18)
- #7110 Safe Bolting: Principles and Practices (7)
- US DOT CMV Periodic Inspection and Maintenance Training (20)